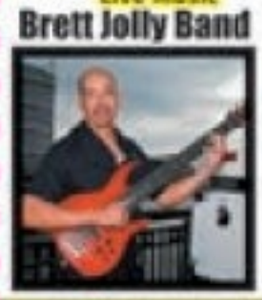
RENNER GOES IN FOR THE 'KILL'

ACTOR TALKS THE IMPORTANCE OF INDIE FILMS. PAGE 13

metro®
PHILADELPHIA'S #1 DAILY NEWSPAPER
Thursday, October 9, 2014 www.metro.us | t: MetroPhilly | f: MetroPhilly

Free Dinner
This Friday, Oct. 10
Make Reservations for Free Dinner/Seating
www.octobergallery.com
click Free Dinner
Baby Boomers
Let's Party! 5-11 PM
Free Admission
Live Music
Brett Jolly Band


Host WDAS
Doug Henderson
October Gallery's
29th Annual Philly Art Expo
Original Art - Prints, Jewelry, Dolls & more
7165 Germantown Ave
215-352-3114

There's terror behind these walls

Community. Eastern State Penitentiary's annual fright fest — Terror Behind the Walls — is back and scarier than ever. Metro reporter Sam Newhouse writes about his experience with ghouls, zombies and psychopaths.

PAGE 02

A demonic nurse strokes a giant syringe while silently creeping in the corner of "The Infirmary" section of Terror Behind the Walls. / SAMANTHA MITCHELL, METRO

Overnight SEPTA service extended

PAGE 04

Tim and Eric are coming (hide the scrapple!)

PAGE 11

Exclusive: Rollins defends pal Howard

PAGES 28-29

"WHERE FEES ARE LOWER SO YOU GET MORE"
Donald J. Feinberg, Esq.
Masters of Law Degree in Trial Advocacy
Life Member: Million Dollar Advocates Forum

The Feinberg Firm, PC.
PERSONAL INJURY ATTORNEYS
215-558-2567
Email: Donald@TheFeinbergFirm.com
1800 JFK Blvd, Suite 1400, Philadelphia, PA 19103

"My attorney answers the phone and if not available will call back promptly. My attorney explained things to me in a very detailed manner."

1 NEWS

Local tweet

"Apparently they have a crazy haunted 'house' thing at Eastern State Penitentiary in Philly for Halloween. Anybody ever been? I wanna go!"

Yeah, @rejets, look to your right.

Top 3

What's trending online at Metro.us

1 'Songs for your frat-rap playlist'

2 'How realistic was Rory and Lorelei's relationship on "Gilmore Girls"?'

3 'VIDEO: Watch the one-minute film that makes a perfect "Loop"'

Prepare to be terrified at Eastern State Pen

Reporter Sam Newhouse is thrown into a dentist's chair and threatened with mutilation by monsters.

A monster surgeon hacks up a corpse inside "The Infirmary" while screaming at visitors. / PHOTOS BY SAMANTHA MITCHELL, METRO

Prison turned haunted house

Eastern State Penitentiary on Fairmount Avenue was built in 1827 and closed in 1971.

- It is recorded as the first U.S. prison to use solitary confinement. Famous prisoners include Chicago gangster Al Capone, who spent eights months there.
- Since the '90s, it has tastelessly been adopted for use as a haunted house, and also opened as a museum.

Halloween. The city's most famous prison is also used to entertain the masses in a nightmarish haunted house.

I recently encountered evil surgeons hacking at body parts, raving demons, bald bloody creatures swinging chain saws and cinder blocks, devil nurses and tentacled shaggy demons.

But it wasn't some drugged-up fever dream. It was at Terror Behind the Walls (TBTW) at Eastern State Penitentiary in Fairmount.

The TBTW experience starts on the sidewalks outside, where performers in prison guard uniforms strut up and down staring at passersby, making creepy statements to them — whether they are ticket-buyers or not.

Inside the stone prison, all visitors sign a legal waiver (unnervingly labeled as an "execution form") before the haunting can truly begin.

They also have the option of selecting the "interactive" experience, offered since last year — meaning the monsters can touch you, take you out of your group and even kidnap you for an especially horrifying experience.

Seeking to horrify

"Do you like my face?"

Ghoul, outside the infirmary

"Give me my soul back!"

Troll creature, after having his picture taken

"We're going to make you one of us!"

Creepy bald zombie, in furnace room

Visit **Metro.us** for more of Sam Newhouse's experience at ESP.

On a recent visit, I didn't expect this haunted house to surpass an adult fear threshold, honed on years of horror films and roller coasters.

But TBTW is uniquely frightening, due to the incredible performances of the small army of more than 200 actors and performers with brilliant makeup and costumes that populate the prison.

Soon after I entered the haunted house, the thrills started coming hard and fast. Within minutes, I realized that behind every corner, wherever you are not looking, a new monster will be swooping down screaming gibberish or threats at you, an air machine may emit staccato gun-like bursts of air at your body, or someone will be reaching out of a wall to grab you.

You start to sweat, your heart begins to race, and suddenly you're in fight-or-flight mode.

TBTW is divided up into six sections, each with its own particular design theme and type of monsters. Visitors follow the maze-like path in a line. But it's hard not to run at times.

I took the "interactive" trip and thus had the experience of being grappled by a demonic dentist who flung me into a chair and threatened to destroy my teeth with a buzzing device.

One ghoul dove at me near ground-level cutting at my leg with a fake chain saw that roared like a real one.

I was also forced to go down a slide to a bizarre furnace room where zombies crushed my hand. Later I was dragged into an elevator where a monster shouted at me, "You're going to have to work in the mines! You're going to be one of us!"

But the worst of it all was just when I thought things had ended, but instead, I was dragged off by zombie riot police, blindfolded and thrown into a prison cell.

The haunting becomes intense when there are more monsters than regular people, and given the history of Eastern State, being placed in solitary confinement and ordered to "confess" by a group of monsters was genuinely terrifying.

SAM NEWHOUSE
@scnewhouse
sam.newhouse@metro.us

DANI'S AUTO SALES

Dani's of Harbison
(215) 333-5520
6450 Harbison Ave
Philadelphia, PA 19149

WE HELP YOU BUILD YOUR CREDIT!

Dani's of Torresdale
(215) 335-3333
6250 Torresdale Ave
Philadelphia, PA 19135

GUARANTEED APPROVAL! Apply online @ www.DANISAUTOSALES.com

$389/Month
2007 Cadillac Escalade Platinum
$500 Down

$289/Month
2008 BMW 528i
$500 Down

$339/Month
2011 Dodge Charger SXT
$500 Down

$319/Month
2011 Kia Sorento EX
$500 Down

$287/Month
2008 Buick Enclave CXL
$500 Down

$412/Month
2011 Audi A4 Premium
$500 Down

CALL FOR PRICE!
2014 Acura MDX Tech Pkg
$500 Down

$279/Month
2006 Lexus RX 330
$500 Down

$389/Month
2012 Infiniti M37x Tech Pkg
$500 Down

Call for price!
2014 Honda Pilot EX-L
$500 Down

$293/Month
2013 Kia Optima LX
$500 Down

$278/Month
2007 Infiniti G35
$500 Down

$249/Month
2009 Nissan Murano SL AWD
$500 Down

$199/Month
2013 Chevy Sonic LT
$500 Down

$269/Month
2010 Chevy Malibu
$500 Down

$476/Month
2008 Mercedes S550
$500 Down

$549/Month
2012 BMW 550i
$500 Down

$289/Month
2011 Ford Edge SEL
$500 Down

EVERYONE IS APPROVED! DOWN PAYMENTS AS LOW AS $500!

$257/Month
2012 Honda Civic LX
$500 Down

$312/Month
2012 Honda Accord Coupe LX
$500 Down

$269/Month
2012 Chevy Cruze LTZ
$500 Down

$268/Month
2007 Toyota Avalon Limited
$500 Down

$234/Month
2007 Lexus ES 350
$500 Down

$279/Month
2012 Ford Fusion SEL
$500 Down

$438/Month
2011 Audi A6 Prestige
$500 Down

$274/Month
2010 Nissan Altima SL
$500 Down

$288/Month
2010 Ford Mustang Convertible
$500 Down

$298/Month
2007 Mercedes E350 4MATIC
$500 Down

$268/Month
2008 BMW 328i
$500 Down

$229/Month
2008 Audi A4 2.0T
$500 Down

$289/Month
2012 Hyundai Sonata Turbo
$500 Down

$299/Month
2013 Chevy Malibu LTZ
$500 Down

$256/Month
2012 Ford Focus
$500 Down

$283/Month
2011 Volkswagen Jetta SE
$500 Down

$329/Month
2007 Acura MDX
$500 Down

$259/Month
2011 Toyota Camry XLE
$500 Down

DISCOUNTS FOR CITY, HOSPITAL & SEPTA EMPLOYEES • LARGEST SELECTION UNDER $10,000

*Approval conditions apply. Tax and tags extra. See dealer for details.

Cancer/Medical Malpractice
Cerebral Palsy/Birth Injury

- Brain Injury
- Paralysis
- ER Mistakes
- Doctor Mistakes
- Obstetrical Mistakes
- Wrongful Death

Speak with a Harvard and Yale trained Doctor-Lawyer

As co-counsel achieved over 50 million dollars in settlements and verdicts since January 1, 2012

Life member of the organization: Multi-Million Dollar Advocates Forum

Former Assistant Professor at Harvard Medical School

4x named one of PA Rising Stars (Top Young Lawyers) and 2014 Super Lawyers by publisher of Philadelphia Magazine

Law Offices of Tai Y. Wong
PA & NJ 215-592-9750
Free initial consultation. No Recovery-No Fees.
1101 Market Street, Aramark Tower, Suite 2820, Philadelphia, PA 19107

From microscopic to macroscopic

Students help dedicate a 12,000-square-foot mural by artist Ben Volta called "Micro to Macro" at Morton McMichael Elementary School in the Mantua section of West Philadelphia on Wednesday morning. It serves as the final project of a partnership between Mural Arts and the school. / MARK STEHLE, METRO

SEPTA

All-weekend subway service permanent

For the foreseeable future, SEPTA riders can count on the Market-Frankford and Broad Street lines to churn 24-7 on weekends.

Officials announced Wednesday that the pilot program was extended indefinitely after large numbers of riders utilized the extended service this past summer.

SEPTA spokeswoman Jerri Williams said consistent ridership and maintaining public safety and manpower were the key factors in SEPTA's decision. TOMMY ROWAN

FABIO'S MENSWEAR
GRAND OPENING
1523 Chestnut Street, Philadelphia 215.665.1333
(located between 5 Guys & Finish Line)

LEATHER SHOES
$39.99

DESIGNER JEANS
2 for $50.00

SWEATERS
$7.99

ITALIAN DESIGNER SUITS from
$79.99

2 for $99.99
2 for $149.99
2 for $199.99

10PC SUIT PACKAGE
2 SUITS
2 SHIRTS
2 TIES
2 BELTS
2 SOCKS
$199.99

RALPH LAUREN MICHAEL KORS STEVEN LAND

Like us on

Moorestown Mall - Moorestown, NJ - 856.234.1022 Whitemarsh Mall - Baltimore, MD - 410.931.7100
www.FabiosMensWear.com

West Philadelphia.
Students stand up in protest for teachers

Larissa Pahomov may teach 10th- and 11th-graders at the Science and Leadership Academy, but on Wednesday it was her senior teaching assistants who drove her to tears.

Several of them joined students demonstrating outside the West Philadelphia High School.

"But from the sidewalk outside the school, they emailed me and said, 'Hey, I'm out here protesting for you, but let me know if you need me. I will come into the building,'" she said. "I teared up."

The students were protesting the School Reform Commission's decision on Tuesday to cut teachers' contracts. The protest started with a few students at the High School for the Creative and Performing Arts, and then spread across social media and grew to two schools.

"But at the end of the day, the point isn't that I feel better," she said. "Yes, obviously they felt motivated because of their personal relationships with their teachers, but they also felt motivated because they see their own education crumbling before their eyes. ... It's more than just a Hallmark card."

TOMMY ROWAN

On Twitter

- "SOS save our schools... SOT save our teachers #phled #StudentsForTeachers" **@MOON_ME**
- "Outside ma school protestin. This kinda fun, lol #Students-ForTeachers" **@DJGILL17**
- "'teachers can't strike, so we'll strike for them.' #Students-ForTeachers #PhlEd" **@MINDYISSER**

New eats for a new Flyers, 76ers season

Chef Peter DeCarl of Aramark introduces new menu items at the Wells Fargo Center in South Philadelphia on Wednesday. New merchandise for the Sixers and Flyers were also shown off, including the Flyers Center Ice collection and alternate jersey, as well as new Sixers gear featuring Michael Carter-Williams, Nerlens Noel and Joel Embiid. / MARK STEHLE, METRO

Northeast Philly

Stabbing suspect in grocery store arrested

An argument Tuesday evening led a customer at the Pathmark supermarket at Cottman and Oxford avenues in Northeast Philadelphia to stab another in the face and neck, according to police.

The stabber, 50, was arrested outside with a bloody knife. The victim, 40, was in critical but stable condition at Temple University Hospital.

Roughly 100 customers reportedly continued to shop in the blood-stained aisle after the incident.

The man has been charged with attempted murder, aggravated assault, possessing an instrument of crime, recklessly endangering another person and other related offenses.

METRO

INSPIRE YOUR CLASSMATES. THEY'LL RETURN THE FAVOR.

EXPERIENCE *the*
VILLANOVA MBA

Executive | Part-Time | Online

Join us for an Open House
Tuesday, October 21 at 5:30 p.m.
Villanova University, Bartley Hall

Learn more at **MBA.VILLANOVA.EDU**

RANKED #19 IN THE NATION
by *Bloomberg Businessweek*

VILLANOVA UNIVERSITY
Villanova School of Business

First person to be diagnosed with Ebola in US dies

Fatality. Thomas Eric Duncan of Liberia had been in critical condition and on a ventilator in a Dallas hospital.

A Liberian man who was the first person diagnosed with Ebola in the United States died in a hospital isolation ward on Wednesday, and the government ordered extra screenings at five major airports as part of efforts to stop the virus from spreading outside of West Africa.

"It is with profound sadness and heartfelt disappointment that we must inform you of the death of Thomas Eric Duncan this morning at 7:51," hospital spokesman Wendell Watson said in an emailed statement.

About 48 people who had direct or indirect contact with Duncan since he arrived on Sept. 20 are being monitored, but none have yet shown any symptoms, according to health officials. REUTERS

Fever screening will start at New York's JFK Airport this weekend. / GETTY IMAGES

West Africa flights

US to start fever screening

The U.S. will begin screening passengers arriving at U.S. airports from West Africa for fever starting this weekend, officials said on Wednesday, in the hope of avoiding an outbreak of Ebola.

Authorities will use a noninvasive device to take the temperature of passengers and ask them to fill out a questionnaire created by the U.S. Centers for Disease Control and Prevention asking for information about their activities in West Africa. REUTERS

ARAMINGO CARPET & FLOORING

MENTION AD FOR ADDITIONAL DISCOUNTS
COME IN! VISIT OUR WAREHOUSE

FREE SHOP AT HOME SERVICE
WALL TO WALL CARPET

From a Room to A Whole House
Over 300 Remnants & Rolls To Choose From!

We Install What We Sell!

Layaway Available!

0% Interest Free Financing Available

SHOP US FIRST,
SHOP US LAST.
WE WILL BEAT ANY PRICE!

NEXT DAY INSTALLATION
AVAILABLE ON IN STOCK MERCHANDISE.

Open: Mon., Wed., Fri., 9-8PM,
Tues., Thurs., Sat., 9-5PM
Sundays: By Appointment Only

4591 Aramingo Ave., Philadelphia, PA 19124
215-537-9666

OVER STOCK
END OF SUMMER BLOW-OUT!
WE ARE MAKING ROOM FOR NEW INVENTORY ARRIVING DAILY!

DEBIT CARDS ACCEPTED

Directions: Take I-95 S. to Betsy Ross-Aramingo Ave. Exit, Turn left on Aramingo Ave., (end of ramp) We are about 2 blocks away on the right

Today's winner

To enter your submission for the Metro Photo Challenge to win $5,000 cash prize, go to www.metrophotochallenge.com.

'Everything west of City Hall at Market Street'

David Deifer, Philadelphia. Category: My City's Magic

Amazon

Top court weighs worker pay for security checks

The U.S. Supreme Court appeared divided on Wednesday over whether companies must pay workers for time spent undergoing security checks at the end of their shifts in a case involving an Amazon.com Inc. contractor.

Employees of Integrity Staffing Solutions facilities in Nevada, where merchandise is processed and shipped, say they are forced to spend up to half an hour daily going through security screenings. They say they should be paid for their time and have asked for back wages and overtime pay. REUTERS

US justice grants Idaho's request to block gay marriage

Result. This means same-sex marriages in Idaho and Nevada will not proceed for now.

U.S. Supreme Court Justice Anthony Kennedy granted a request from Idaho officials on Wednesday by temporarily blocking the planned start of gay marriages after a regional federal appeals court's ruling striking down the state's same-sex marriage ban.

There was some confusion over whether the court's order also affects the ban in Nevada, which was struck down as part of the same 9th U.S. Circuit Court of Appeals ruling on Tuesday that invalidated the Idaho ban.

Nevada did not ask the Supreme Court to block the ruling. But officials in Nevada's Clark County, which includes Las Vegas, said on Twitter that the issuance of marriage licenses for same-sex couples, which was due to begin at 2 p.m. local time, would now be put on hold.

Tara Borelli, a lawyer for the gay rights group Lambda Legal and co-counsel in the Nevada gay marriage case, said her team has sought clarification on whether the stay issue at Idaho's request also pertains to Nevada.

"Honestly we think this may have been a mistake," Borelli said.

The brief order issued by the high court said that Idaho gay marriage supporters in the case should file a response to the state's emergency request by 5 p.m. EDT today. The court would then decide whether to issue a more permanent stay. The ruling means that gay marriages the two states will not proceed. REUTERS

U.S. Supreme Court Justice Anthony Kennedy / GETTY IMAGES

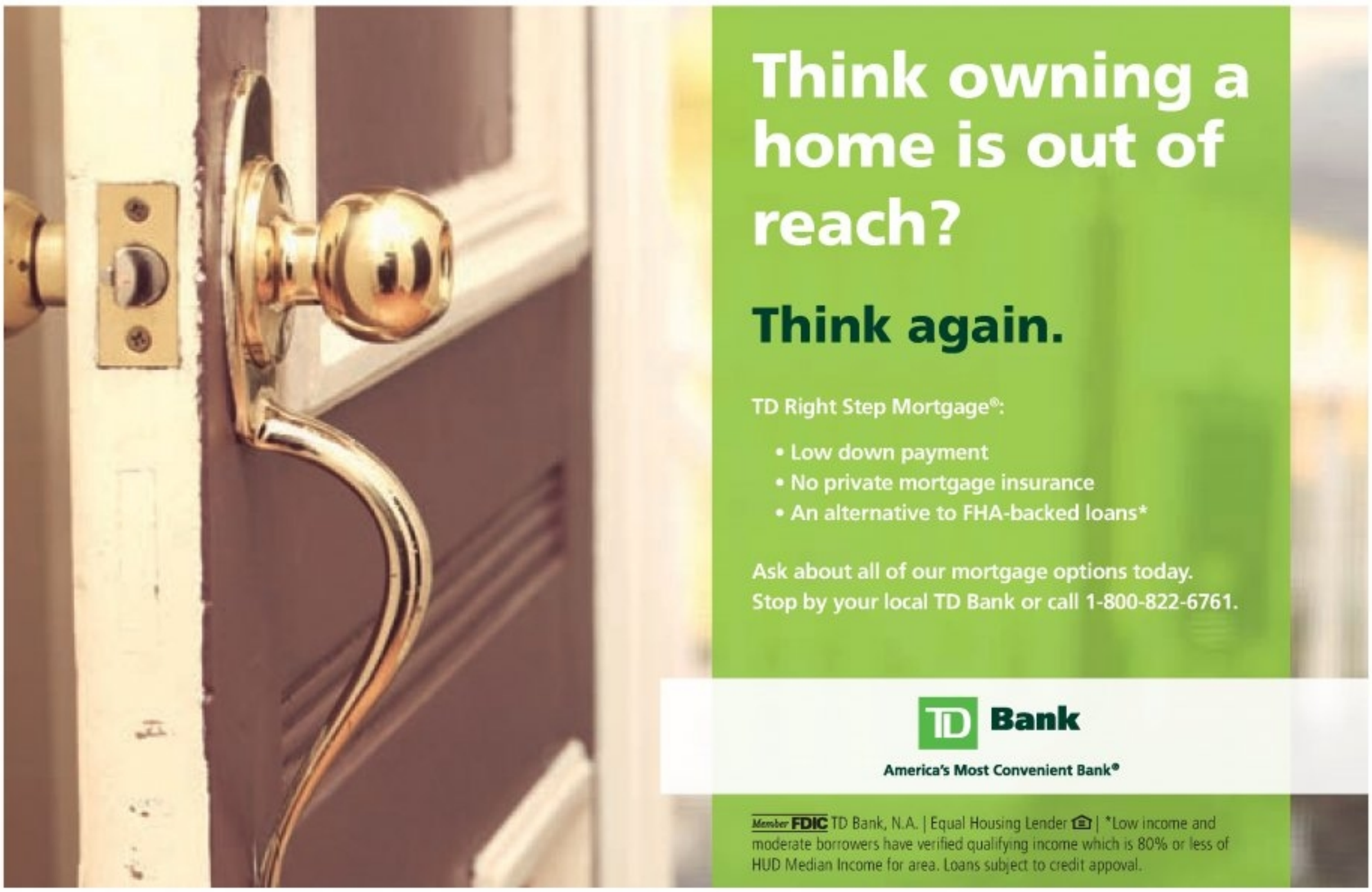
Gay marriage

Elation turned to sadness in Boise

Renee McCall, pastor of a church in Idaho geared toward the lesbian, gay, bisexual and transgender community, said elation turned to sadness on Wednesday morning as she and dozens of others rallied in Boise to celebrate the issuance of marriage licenses to same-sex couples only to learn they would not be forthcoming.

Quoted

"People were waiting in line to get licenses and they were smiling and congratulating each other. When the decision came down, many broke down in tears. It was a very, very sad moment." McCall


Think owning a home is out of reach?
Think again.
TD Right Step Mortgage®:
• Low down payment
• No private mortgage insurance
• An alternative to FHA-backed loans*
Ask about all of our mortgage options today.
Stop by your local TD Bank or call 1-800-822-6761.
TD Bank
America's Most Convenient Bank®
Member FDIC TD Bank, N.A. | Equal Housing Lender | *Low income and moderate borrowers have verified qualifying income which is 80% or less of HUD Median Income for area. Loans subject to credit appoval.

Nobel Prize win for look into 'nanoworld'

Fluorescence.
The microscopes allow researchers to see individual molecules inside living cells.

German co-winner of the 2014 Nobel Prize in Chemistry Stefan Hell poses with students for a photo after a press conference at the Max Planck Institute in Goettingen, central Germany. / GETTY IMAGES

A German and two American scientists won the 2014 Nobel Prize for Chemistry on Wednesday for smashing the size barrier in optical microscopes.

U.S. citizens Eric Betzig and William Moerner and Germany's Stefan Hell won the prize for using fluorescence to take microscopes to a new level, making it possible to study things such as the creation of synapses between brain cells in real time.

"Due to their achievements the optical microscope can now peer into the nanoworld," the Royal Swedish Academy of Sciences said as it awarded the 8 million crown ($1.1 million) prize.

Scientists, who have been looking down microscopes since the 17th century, had long thought there was a limit to what could be seen. In 1873, Ernst Abbe stipulated that resolution could never be better than 0.2 micrometers, or around 500 times smaller than the width of a human hair.

But the three Nobel winners bypassed this limit by tagging objects with fluorescent markers and scanning them to build up a far more detailed image. Today, such "nanoscopy" is used widely to visualize the internal molecular machinery of cells.

Modern nanoscale microscopes can follow protein interactions involved in diseases such as Alzheimer's, Parkinson's and cancer. REUTERS

When you walk and fundraise in the Making Strides Against Breast Cancer walk, you help the American Cancer Society make the greatest impact and save more lives in more communities, through groundbreaking research and programs like clinical trials matching and free rides to treatment.

Walk with us, because you can help us finish the fight.

MAKING STRIDES
Against Breast Cancer®
American Cancer Society®

MakingStridesWalk.org

Making Strides Against Breast Cancer of Philadelphia
October 18
West Fairmount Park

American Airlines · Chevrolet · Lowe's Improving · 95.7 BEN FM · Quest Diagnostics · Siemens · Wells Fargo · 97.5 The Fanatic · metro

CENTER CITY DIET
City Line Avenue location
• Physician Supervised Weight Loss
• Now offering Cosmetic Botox Treatments
• Diet Medications
• Diet Shots
• Nutritional Counseling
• Proven Results for Just $49
For An Appointment or For More Information Call Or Visit Us Online
215.475.2173
www.centercitydiet.com

AT&T will pay $105 million settlement for 'crammed' bills

Complaints. Users were being charged for services they never requested.

FTC Chairwoman Edith Ramirez said consumers were often hit with $9.99 charges lumped together into "AT&T monthly subscriptions" on their bills. / GETTY IMAGES

AT&T Inc. will pay $105 million to settle allegations that it put unauthorized charges on customers' cellphone bills, a practice known as cramming, regulators said on Wednesday.

The settlement comes after years of complaints from cellphone owners about being charged for services like daily horoscopes or trivia that they never requested. It was negotiated by the Federal Trade Commission, the Federal Communications Commission and all state attorneys general.

The FTC alleged that for companies whose billing was handled by AT&T, as many as 40 percent of subscribers complained about the charges.

FCC Chairman Tom Wheeler estimated that 20 million consumers a year are crammed, and said other wireless providers were under scrutiny. "Stay tuned," he said. REUTERS

Refund to customers

$80M

AT&T will pay $80 million to refund customers while $20 million is earmarked for penalties and fees to all 50 U.S. states and Washington, D.C., said the FTC. The FCC also fined the company $5 million.

"A friend recommended USA Vein Clinics. My only regret is that I didn't do it sooner!"
Nataliya L., USA Vein Clinics Patient
Besides being unsightly and uncomfortable, varicose veins can be a warning sign of a condition called Venous Insufficiency that claims over half a million lives each year.
Do you have any of these symptoms?
• Varicose Veins
• Spider Veins
• Itching and Burning
• Leg Pain and Cramps
• Heaviness and Swelling
• Skin Discoloration
• Ulcers and Blood Clots
• Difficulty Walking Long Distances
USA Vein Clinics Will help!
Put an end to painful varicose veins and swollen legs! Our non-surgical, painless and minimally invasive procedure only takes 15 minutes! Medicare and most insurances accepted!
Don't trust your legs to just anyone... USA Vein Clinics are the nations ONLY coast-to-coast vein clinics. Our staff includes Board-Certified Harvard and Stanford-trained Specialists, and we've been named "Best Vein Center" and "Leader in Health Care" five times...Call Today!
USA Vein Clinics
(215) 809-1335
Pennsylvania:
8352 Bustleton Ave, Philadelphia, PA 19152
Pennsylvania • Massachusetts

THE COLLEGE THAT EMPOWERS STUDENTS TO SUCCEED

YOU are an ideal candidate for P.I.T.'s

Career Certificates in Medical Billing/Coding, Medical Assistant & Pharmacy Technician

Change your career in less than 1 year!

Join us for our

INFORMATION SESSION

Thursday, October 9th, 1 to 3pm

Join us for refreshments

601 Walnut Street, Suite 101, Philadelphia, PA 19016

Sign Up At

http:/www.pit.edu/infosessions

Or Call 1-888-452-8959

For more information on P.I.T.'s Exciting Programs Visit

www.PIT.edu

PENNSYLVANIA INSTITUTE OF TECHNOLGY

2

CULTURE

Twitter feed

Today, Rihanna likes ambiance when she works, Chloe Grace Moretz is going for a spin and Ewan McGregor still gets butterflies.

@rihanna: Burning candles inside of the studio, rap-pin n prayin...

@ChloeGMoretz: LA for 24 hours? Obviously fitting in a @soulcycle class

@mcgregor_ewan: Going on Broadway for the first previews has been a nervy thing

1

Sorry, Chad Kroeger. London might not want you there.
FUTURE PUBLISHING

Avril Lavigne isn't the only one who doesn't like Nickelback

Who says the Internet can't be used as a force for good? A British man has launched an online crowdfunding campaign with the express purpose of keeping Nickelback from performing in London. Craig Mandell has set a goal of $1,000, with all contributed funds going to charity, to show the band's management just how much Londoners don't want them around. For each $1 donation, he will send Nickelback's management an email "kindly requesting that they do not play in London, England, for the foreseeable future." A $5 donation gets a "slightly more forceful email," and $10 earns an email "full of explicit phrases and lots of capital letters and maybe even a rude emoticon or two." But for donors really serious about getting their point across, nothing beats the $50 donation level: "Your donation will result in an email to Nickelback with an attached mp3 of Nickelback's music," Mandell writes. Do your part at https://dontletnickelback.tilt.com/don-t-let-nickelback, and the citizens of London may one day thank you.

Demi Moore and Rumer Willis, but wait, which one is the mother and which one is the daughter?

Demi cautions Rumer about plastic surgery

Demi Moore is reportedly reading the riot act to daughter Rumer after the 26-year-old posted an Instagram photo with so prominent a pout that some suspected she'd dabbled in plastic surgery. Despite speculation over the years that Moore herself has gone under the knife, she "got a few of her daughter's friends together and lectured them about the pitfalls of cosmetic surgery," a source tells the National Enquirer.

Martha and Gwyneth: Round 2!

This Gwyneth Paltrow/Martha Stewart feud has reached new levels of cattiness, thanks to a recent speech by Paltrow herself and the development that Paltrow hired the former CEO of Martha Stewart Living Omnimedia to be the CEO of Goop.

Apparently Paltrow heard Stewart's remarks that she "just needs to be quiet" and "if she were confident in her acting, she wouldn't be trying to be Martha Stewart."

Paltrow's response?

"No one has ever said anything bad about me before, so I'm shocked and devastated. I'll try to recover," she joked while speaking at Fortune magazine's Most Powerful Women Summit earlier this week. "If I'm really honest, I'm so psyched that she sees us as competition."

IN 2011 GWYNETH AND MARTHA DRANK TOGETHER. BUT REMEMBER, BIGGIE AND TUPAC ALSO HUNG OUT TOGETHER BEFORE THINGS WENT SOUTH!
ALL PHOTOS GETTY IMAGES

THE WORD

Ned Ehrbar takes on the world of gossip.

NED EHRBAR
@Nedrick
ned.ehrbar@metro.us

OCTOBER EVENTS
at The Porch at 30th Street Station
Follow theporchat30th on Facebook and Twitter
#theporchat30th
THEPORCHAT30TH.COM
ucd University City District
Gourmet Food Trucks
Live Performances
Fitness
See what's happening TODAY at The Porch

PAID RESEARCH OPPORTUNITIES FOR TEENS AND MOMS
Temple University seeks adolescents, aged 14-16, and their mothers to participate in a study of emotion and health across adolescence.
Families will receive $120 for the initial two sessions and between $800 and $1,000 for complete participation in eight more sessions over five years.
This information is approved by Temple University for public display (#6844).
TEMPLE UNIVERSITY
Contact Tyesha McPherson at tyesha.mcpherson@temple.edu or 215-204-6853.

EXPLORE THESE UPCOMING WORKPLACE AND PROFESSIONAL SKILLS WORKSHOPS AND START ON YOUR PATH TO A BETTER CAREER
HEALTH CARE AND COUNSELING
Personal Trainer Certification
PROFESSIONAL CERTIFICATION
PennDOT Emissions Certifications
ServSafe Food Protection Manager Certification
WORKPLACE AND PROFESSIONAL SKILLS
Influence and Persuasion
Self Leadership
Microsoft Office Specialist
Social Media for Business Certificate
Choose from online workshops or onsite workshops at the Center for Business and Industry.
Explore all of our professional development opportunities:
www.ccp.edu/solutions | csinquiry@ccp.edu | 215.496.6158
Community College of Philadelphia
Corporate Solutions

Tim and Eric come to town. Great job!

Interview. Tim Heidecker talks comedy influences and why there's no more "Awesome Show."

John C. Reilly, as Brule, will appear with Tim Heidecker, top, and Eric Wareheim, bottom.
JUSTINA MINTZ AND CLARK REINKING

If you go

Tim & Eric & Dr. Steve Brule

Friday, 8 p.m. (SOLD OUT) and 10:30 p.m.
Keswick Theatre
291 N. Keswick Ave., Glenside
$37.50, 215-572-7650
www.keswicktheatre.com

After years of flying under the radar, comedic duo Tim Heidecker and Eric Wareheim have noticed their increased popularity as of late. "I think our following has gone beyond cult. I don't know what's between normal following and cult following, but it's getting big," says Heidecker. The two are currently on their most extensive North American tour.

How has the reception been on this recent tour?
It's been phenomenal; really fun to do and the audiences have been fantastic. Definitely the biggest tour we've ever done in terms of people. It's an insane experience to get to do the weird s— that we do and get these huge audiences.

Your TV shows rely so heavily on editing — how is the live show different?
It's different from our shows, but it's cut from the same cloth. The tour has been written to work as a live experience. It's almost like a Broadway version. If you're a fan of our shows, you're gonna be laughing the whole time. If you're not a fan of our shows, or you just walked in off the street, you're gonna be thoroughly confused.

Is it hard to explain your humor to people who just walk in off the street?
Sometimes it can be hard to explain, but there's always a frame of reference. If it's an older person, you can say we're a little bit like Monty Python.

So Monty Python played a part in your comedic inspiration?
Yeah, Monty Python was huge for me as a kid. Even when you look at their early stuff now, it's still beyond bizarre. They were doing weird, crazy stuff that makes me feel like we're not even that far out there.

Bonus question

Being from the Philly area, are there any restaurants you enjoy when back in town?
"I used to work at Beau Monde creperie, which is a really great restaurant. So I always like to go there. But I also like good, greasy crap. I gotta get my scrapple."

Your new "Bedtime Stories" TV show seems darker than anything you've done before.
It's certainly different, but different is our middle name. As soon as we feel comfortable, we feel uncomfortable. ... "Bedtime Stories" seemed to morph organically into something that warranted higher production value and a slower pace, which contrasts what we did on "Awesome Show, Great Job!" and felt like the right thing to do. ... We really believe in that British model of doing short runs on television. You just start feeling gross after doing the same thing for a while.

JOHN PLICHTER
@MetroPHilly
letters@metro.us

Philly Auto
4530 Torresdale Ave, Philadelphia, PA 19124
215.953.7400
"Walk in and drive out."
• Discounts for Hospital, City, and SEPTA employees
• Start your credit HERE!
• EVERYONE DRIVES!
FALL SEASON SAVINGS!
$900 OFF WITH AD!
EVERYONE'S APPROVED!"
• $0 Down and low monthly payments
• Warranties included on all vehicles
• INSTANT APPROVAL!
Over 150 cars in stock!
Visit us at www.PhillyAuto.com for our full inventory!
2004 Honda Pilot EX AWD $6900, $149/Month
2009 Hyundai Sonata GLS $6900, $149/Month
2006 Nissan Murano SL AWD $7900, $169/Month
2006 Cadillac DTS Luxury 80k Miles $7900, $169/Month
2008 Chevy Trailblazer LT 4X4 $7900, $169/Month
2009 Chevy Malibu LS 64k Miles $8900, $189/Month
2008 Nissan Altima 2.5 S 85k Miles $8900, $189/Month
2002 Mercedes CL500 $8900, $189/Month
2009 Cadillac SRX LOADED $9900, $209/Month
2012 Chevy Impala LS 72k Miles $9900, $209/Month
2006 Mercedes E350 4MATIC 78k Miles $10,900, $229/Month
2005 GMC Yukon Denali AWD $10,900, $229/Month
2009 BMW 535xI AWD Twin Turbo $11,900, $249/Month
2009 Infiniti G37x 80k Miles $12,900, $269/Month
2008 GMC Acadia SLT $12,900, $269/Month
2007 BMW 750II 70k Miles $19,900, $359/Month
2007 Jeep Grand Cherokee SRT-8 $21,900, $389/Month
2014 Chevy Impala LT 4k Miles! $22,900, $399/Month
Advertised prices reflect $2000 cash down or trade equity. Monthly payments reflect 3.99% @ 66 months for qualified buyers.

Jonathan Blake lives on

Interview. One of the first men in the U.K. diagnosed with HIV talks to us about the new film "Pride."

The charming new film "Pride" tells the surprising true story of a group of gays and lesbians who rallied to support British mine workers in 1984 despite their help being not entirely welcome at first. But nestled within is the equally inspiring story of Jonathan Blake, one of the first men in the U.K. diagnosed with HIV. Blake, who recently celebrated his 65th birthday, shared some of his story with us.

The real Jonathan Blake, left, poses with Dominic West, the man who plays him in "Pride." / PHILIP CHEUNG, GETTY IMAGES FOR CBS FILMS

His first reaction

"I was diagnosed with HIV in October 1982, very early on. And in those days it was a death sentence, so I took it badly. Who wouldn't, essentially? That December, I tried to commit suicide, but being totally anal, I couldn't bear the thought of somebody having to come and clear up the mess after me. And so I thought, all right, if that's the case then you'd better get on and live."

Visit **Metro.us** for an interview with "Pride" actor Bill Nighy.

What it felt like to see a movie based on his own life

"We had done this big benefit, Pits and Perverts, in the Electric Ballroom in Camden, and [the film's distributor] Pathe had basically taken over the Electric Ballroom for the premiere afterparty. And on top of that, they had got Jimmy Somerville from Bronski Beat, who had sung at the original, to sing. He started singing, and you were zipped straight back to 1984. I mean, it was just extraordinary. We all thought that we would take this history to our graves, and that would be that."

Seeing Dominic West play you

"I'm very happy to be Dominic's Jonathan. It's very, very strange. But I never felt that I was being portrayed, but the intentions are there. Obviously it isn't me, but there is that sort of sense. And I like him."

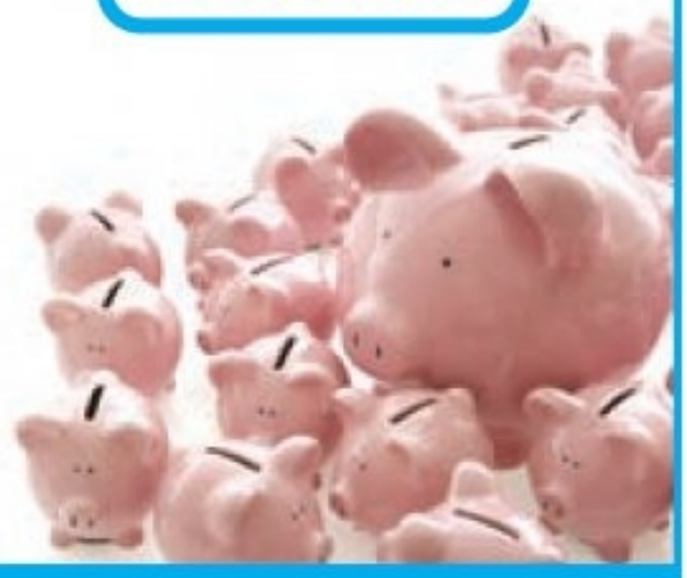
NED EHRBAR
@Nedrick
ned.ehrbar@metro.lu

Not slowing down

Learning to live with his status

"I've always kept busy. That was the important thing. The more one did, you didn't have to think about the virus, dying, dealing with stuff. Because it was a wretched time; the gay community was being decimated by this virus. I'm 65, I'm still here. I should've been dead years ago. And there's a strange sort of thing, which is survival guilt."

Sb1 Federal Credit Union



Grow your money faster at Sb1!

18 month Certificate of Deposit/IRA
1.25% APY*

48 month JUMP Certificate of Deposit/IRA
1.50% APY*

Visit sb1.org
or dial 844-Call-Sb1 today

*APY= Annual Percentage Yield. $500 minimum. The JUMP Certificate allows members to increase the rate one time during the term of the Certificate/IRA if the Certificate/IRA rate of the same or lesser term is higher. The increase must come at the request of the member. For membership eligibility requirements visit sb1.org.

Your savings federally insured to at least $250,000 and backed by the full faith and credit of the United States Government
NCUA
National Credit Union Administration, a U.S. Government Agency

New Outpatient Methadone Treatment Facility
THE HEALING WAY
Where Healing Begins
7900 FRANKFORD AVE.
PHILADELPHIA PA 19136
T: (215) 335-3520
E: info@thehealingway.net
www.thehealingway.net
Monday-Friday: 6am-3pm
Saturday & Sunday: 6am-11am

Place One
THAI & CHINESE CUISINE
1336 Bristol Pike. Bensalem, PA 19020
Home Depot Plaza
215-245-8998
OPEN 7 DAYS
Near AMC Theater
$2.00 OFF
Any Purchase Of $15 Or More
(Dine-in anytime)
Not Valid With Any Other Offer.
Expires 11/30/14

Respectable Roofing LLC
Where Respect Matters!
HIC# PA098215
Specializing in energy efficient white roofs.
50 Year shingle roofs available.
Fully licensed and insured.
Free estimates.
$50 OFF ANY ROOF REPAIR
CANNOT BE COMBINED WITH ANY OTHER OFFER. EXPIRES 12-31-14
$200 OFF ANY NEW ROOF
CANNOT BE COMBINED WITH ANY OTHER OFFER. EXPIRES 12-31-14
WE NOW OFFER NEW RUBBER ROOFS
STARTING AS LOW AS
*$68.00 PER MONTH
*Financing based on credit approval.
215-681-0409
www.respectable-roofing.com
Email: Info@Respectable-Roofing.com

Jeremy Renner vs. the media

Interview. The "Kill the Messenger" star says that good journalism is no longer popular.

Jeremy Renner (with Mary Elizabeth Winstead) plays reporter Gary Webb in "Kill the Messenger," in theaters Friday. / CHUCK ZLOTNICK, FOCUS FEATURES

At first, Jeremy Renner thought "Kill the Messenger" was just a good story. It tells the true tale of Gary Webb, a journalist at the tiny San Jose Mercury News who broke a story alleging a link between the CIA and the sudden appearance of crack-cocaine in parts of Los Angeles.

"At first it was about Gary Webb and his plight. I love the David and Goliath story, the everyman in extraordinary circumstances," he says. "Ultimately it became a commentary on where we are today. I wouldn't have known two years ago that whistleblowing would be such a popular topic right now."

But one could argue that the commentary is more of a critique.

"Good journalism is not popular. People don't care about good writing and good investigative reporting. They care about nude celebrity leaked photos. And that's sad," Renner says. "You can't blame the media, even though I do. They do exacerbate the fire that's already started. But it's people who want to see this stuff."

ACTOR JEREMY RENNER PRODUCED AND STARRED IN THE DOCUDRAMA "KILL THE MESSENGER." / GETTY IMAGES

Playing a journalist meant he had to learn about it. "That was a new thing for me to think about, being on that side of it, rather than having hatred toward it," he says. Indeed, Renner has been hounded by a number of rumors about his personal life, which he tirelessly insists are erroneous.

Webb wasn't a saint. "He was tenacious and self-righteous and stubborn. Those are attributes, but they're also flaws," he says. "That's what I love about Gary Webb: He's unapologetically flawed."

"Kill the Messenger" exists chiefly because Renner's name is familiar to the globe's moviegoers; in fact, he read the script while shooting "Marvel's The Avengers." "Doing 'Avengers' movies lets me do 'Kill the Messenger,'" he explains. "We do those, then we get to make this movie that no one seemingly wants to make, because it's not easy. No one's throwing money at 'Kill the Messenger.'"

MATT PRIGGE
@mattprigge
matt.prigge@metro.us

Up in smoke

Renner's big break

It's easy to forget — in part because the movie was forgotten almost as soon as it was released — but Renner got his start in 1995's "National Lampoon's Senior Trip," in which he played one of the misbehaving slacker teens. "That was my first job ever as an actor on film," he says. "I don't like to bash something that meant so much to me at the time. It's a crap movie, but it was a huge thing for me. It gave me a lot of confidence."

It also introduced him to co-star Tommy Chong. Asked what he's like, Renner says, "Pretty much what you'd think. I remember some guitar screaming from his trailer, as well as some smoke." It wasn't, he recalls, herbal.

THE FIRST IN FUN IS HERE TO STAY

DINE & PARTY

Jimmy Buffett's MARGARITAVILLE.

LANDSHARK. Bar & Grill

NOW OPEN!
NEWLY EXPANDED
BEACH BAR

LIVE
ENTERTAINMENT
WEEKLY

PLUS, GREAT FOOD,
FROZEN CONCOCTIONS
& COOL SHOPPING.

ENTERTAINMENT

SPOOKTACULAR!

THE ULTIMATE HALLOWEEN
MAGIC & ILLUSION SHOW
OCTOBER 25

For show tickets, visit ticketmaster.com or visit Resorts' Box Office.

BOOK YOUR GETAWAY

ROOMS STARTING
AT $59*

NEW MEMBERS WELCOME

$25 IN SLOT PLAY OR
$50 IN MATCH PLAY
PLUS 5X COMP DOLLARS!

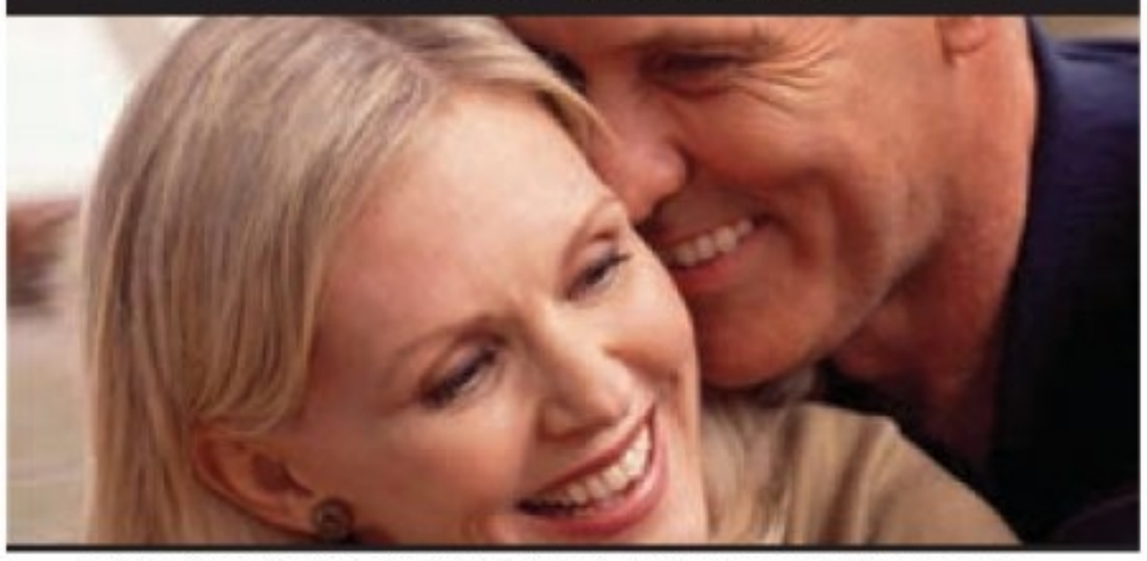
VISIT **RESORTSAC.COM** FOR MORE EXCITING
EVENTS AND PROMOTIONS!

RESORTS
Casino · Hotel
The Fun is Here
managed by Mohegan Sun

ResortsAC.com | 1.800.772.9000

*Rooms based on availability. Rates are for Monday-Thursday stays and do not include taxes, resort or occupancy fees. Resorts Casino Hotel reserves the right to cancel or modify this offer at any time without notice. Visit the Promotions Booth for official details. Certain restrictions may apply. Must be 21 or older. Show schedules subject to change. Gambling Problem? Call 1.800.GAMBLER.

Did you know there is a
SATISFYING TREATMENT
for Erectile Dysfunction?[1]



For men with erectile dysfunction (ED), medication is not the only answer and may not work for some patients.[2,3,4] There is a treatment, one that more than 300,000 men have chosen as a successful way to return to an active sex life.[5]

Get the facts on how a treatment for ED may significantly improve your sexual satisfaction.

Attend a FREE Men's Health Seminar:
Presented by: Bruce B. Garber, M.D., F.A.C.S.

Saturday, October 18, 2014
Registration: 9:30 a.m.; Seminar: 10:00 a.m. - 11:00 a.m.
Chestnut Hill Hospital - Main Conference Room
8835 Germantown Avenue, Philadelphia, PA 19118

Partners and guests welcome. Refreshments will be served.

Space is limited, call to register today. 1-877-433-2873

1. AMS 700® Patient Manual. Information and Instructions for Patients Considering an Inflatable Penile Prostheses. American Medical Systems. 2012.
2. Viagra® Prescribing Information, Pfizer Inc. Revised January 2010.
3. Cialis® Prescribing Information, Lilly USA, LLC. Revised October 2011.
4. Levitra® Prescribing Information, Bayer HealthCare Pharmaceuticals. Revised November 2011.
5. Penile prosthesis. http://www.essm.org/society/esha/malesd/oraltreatments/penileprosthesis.html. European Society for Sexual Medicine (ESSM) Web site. Downloaded May 2013.

American Medical Systems, Inc. has sponsored funding for this patient seminar and accompanying educational material.

AMS an endo health solution
Rx Only
© 2013 American Medical Systems, Inc. All Rights Reserved. Minnetonka, MN 55343
AMSUS/MH-00170b/May 2013 www.AmericanMedicalSystems.com 1-800-328-3881
U.S. Use Only

CANCER
MEDICAL MALPRACTICE
HOSPITAL/PHYSICIAN/NURSING
INJURIES/DEATHS

Cancer Delayed Diagnosis/Negligence/Deaths

Brain/Birth/Cardiac/Eye/Hand/Leg/Neck/ Spinal Cord Injuries and All Medically Related Injuries and Deaths/Medication/ Personal Injuries/Deaths

Cases Are Reviewed with Expert Physicians including Ivy league trained expert physicians, and Evaluated by

Attorney Named Multiple Times as one of Pennsylvania's best medical malpractice/personal injury attorneys by Phila. Magazine with selections as a Pennsylvania Super Lawyer, who is also an adjunct. Prof of Law, a well-published legal commentator, serves on the Board of Pennsylvania's and Philly's largest trial lawyers organizations, is a life-time member of the Million Dollar Advocates Forum, and a former member of the board of Pennsylvania's largest attorney organization.

Millions of Dollars Recovered for Injured Clients
Emmanuel Law Firm, LLC
Two Penn Center, 1500 JFK Blvd.
No Recovery-No fee/Free Consultations. Home/Hospital Visits
215-567-0493
Please visit our website at
www.emmanuellawfirm.com

Robert Downey Jr. and Robert Duvall go to court with Dax Shepard in "The Judge." / WARNER BROS. PICTURES

ADMIT ONE

Metro rounds up what's in cinemas this week.

MATT PRIGGE
matt.prigge@metro.us

1 'The Judge'
It may seem like one of those movie plots that would pop up as a gag on "30 Rock," but this is in fact real: Robert Downey Jr. plays a hot-shot lawyer who winds up defending his estranged dad (Robert Duvall), who happens to be a judge.

2 'Dracula Untold'
The latest on the emo origin story chopping block is the one sometimes called Nosferatu, with Luke Evans as a version of Transylvanian maniac Vlad the Impaler who goes from king to bloodsucker while trying to save his kingdom.

3 'Alexander and the Terrible, Horrible, No Good, Very Bad Day'
Judith Viorst's 32-page children's book becomes an 81-minute movie that pads out the running time by having the miseries extend from one boy to a whole family (with Steve Carell and Jennifer Garner).

4 'Kill the Messenger'
Jeremy Renner uses the three franchises of which he's a part to do the story of Gary Webb, a journalist who in the '90s uncovered alleged links between the CIA and the crack-cocaine epidemic in LA, then was driven out of the business.

5 'The Disappearance of Eleanor Rigby: Her & Him'
Remember the drama that opened last month with Jessica Chastain and James McAvoy as a grieving, separated couple? Originally it was two movies, each following one of them. And now you can see both of them.

6 'Pride'
Gay rights activists rub shoulders with miners in this feel-good English drama about a real-life 1984 incident in which an LGBT group tried to help families affected by a miner's strike.

7 'Men, Women & Children'
Director Jason Reitman aims for either his "American Beauty" or his "Crash" — or both! — with this tut-tutting look at how technology and social media and smartphones have ruined us all. And it stars Adam Sandler.

8 'Nas: Time is Illmatic'
Nas' breakthrough masterpiece turns 20 this year, and in commemoration, it receives this probing documentary, which recontextualizes it as a portrait of and reaction to the violent Queensbridge projects from which the rapper escaped.

9 'Gone Girl'
Not only did Gillian Flynn's twist-o-rific best-seller score David Fincher to direct it, but it got its ideal male lead: Ben Affleck, playing a man everyone hates, in this case because they think he may have killed his missing wife (Rosamund Pike). Tyler Perry, meanwhile, shows he can act even when not wearing a dress.

10 'Annabelle'
Did you wish that freaky doll in "The Conjuring" had more screen time? Lucky you: She gets her own spin-off, albeit one with a mostly unrecognizable cast (with the exception of Alfre Woodard).

DOORS UNLIMITED®
AS SEEN ON TV

FALL SALE!
20- 25% OFF

- STEEL ENTRY DOORS
- SECURITY STORM DOORS
- SOLID CORE STORM DOORS
- ALUMINIUM STORM DOORS
- GARAGE DOORS
- VINYL WINDOWS
- AWNINGS & GLASS BLOCK

Free in Home Estimate

Compare Armor Seal Steel Entry Doors vs. Home Centers	Our Doors	Home Center
7 TIMES STRONGER?	YES	NO
FINISHED PAINTED?	YES	NO
FREE MEASURING?	YES	NO
LIFETIME LIMITED WARRANTY?	YES	NO
CUSTOM-SIZED?	YES	NO
EXPERT INSTALLATION?	YES	NO

WHY COMPROMISE?

MEMBER EASTERN PENNSYLVANIA BUREAU
A+ RATING
PA 007676

43 Years Experience

FACTORY DIRECT SHOWROOM
215-455-2100
318 W. Hunting, Park Avenue
(3rd & Hunting Park), Philadelphia, PA 19140

Sweater season is here

Summer is officially a wrap. The one thing keeping us from tearing up over the end of beach days and sunsets at 8 p.m. is the new array of cozy and chic sweaters hitting stores right now. We can't wait to snuggle up in these. **TINA CHADHA**

Sweaters are perfect for transitional temps and extend the shelf life of summer dresses. / SHANITA SIMS

H&M CROPPED SWEATER, $49.95, HM.COM

ARMANI EXCHANGE MOHAIR PULLOVER, $128, ARMANIEXCHANGE.COM

ANN TAYLOR CABLE SWEATER, $129, ANNTAYLOR.COM

GAP QUILTED KNIT, $44.95, GAP.COM

MARGAUX LONNBERG SWEATER, $387, MARGAUXLONNBERG.COM

ZARA CABLE KNIT, $59.90 ZARA.COM

MASSIMO DUTTI LONG CARDIGAN, $250, MASSIMODUTTI.COM

424 FIFTH DBL JACQUARD PLAID PULLOVER, $248, LORDANDTAYLOR.COM

WILFRED MONTPELLIER SWEATER, $165, ARITZIA.COM

TOPSHOP PATTERN BLANKET COAT, $140, TOPSHOP.COM

Bill's
DISCOUNT CARPET & FLOORING

3 Rooms $498* Plush or Sculptured Carpet 8lb. pad, installation

3 Rooms $598* Super Plush Carpet 8lb. pad, installation

3 Rooms $698* Heavyweight Plush Carpet 8lb. pad, installation

SHOP US FIRST, SHOP US LAST, IT DOESN'T MATTER
WE WILL BEAT ANYBODY'S ESTIMATE
WE ALSO INSTALL & REFINISH HARDWOOD FLOORS!

Free Shop at Home Save Up To 1/2 OFF Retail Store Pricing
Sale on Wood, Laminate and Vinyl Flooring
Next Day Installation Available - FREE ESTIMATES

3 ROOMS of CARPET $398*
*Up to 40 Sq. Yds
10% Senior Citizens Discount
PA10882

*Your Mobile Carpet Showroom
Locally Owned and Operated
Serving PA, NJ and DE
for Over 23 Years
Call Anytime*

1.856.264.1079

Find a marriage that works for you

Tying the knot. A new book urges couples to take a fresh look at commitment.

What if there was an alternative to the way most Americans define the way couples behave within a marriage?

After all, throughout history, the word "marriage" has been filled with implications, while many couples never discuss what being married means to them before tying the knot.

"People are going into marriage with these unspoken agreements," says therapist Susan Pease Gadoua. Along with journalist Vicki Larson, Gadoua has just released the book "The New 'I Do': Reshaping Marriage for Skeptics, Realists and Rebels."

"You want to talk with your partner about the marriage you want to have before you are even engaged," says Larson.

We asked Gadoua and Larson to tell us about some of the relationship models that are realistic options for modern couples.

Partnership marriage

Not everyone wants — or is capable of sustaining — a relationship that's built on what the French call "le grand passion." "Not everyone is good at that," Larson points out. "And I don't think you have to be." The authors liken a partnership marriage to two old friends who decide to get married because they enjoy each other's company and because they simply want to be married.

Quoted

"You want to talk with your partner about the marriage you want to have before you are even engaged." Larson

Open marriage

"When we think of nonmonogamy, we think of cheating," says Larson. "But that's not necessarily true." She points out that one of the couples profiled in the book has a very successful open marriage. "Here is this couple and they have this happy, healthy relationship — and they are nonmonogamous."

LAKSHMI GANDHI
@LakshmiGandhi
lakshmi.gandhi@metro.us

Marriage can mean different things to different people, say the authors of "The New 'I Do.'" / CREATAS

For traditionalists

Covenant marriage

Legal in three states, covenant marriages require couples to undergo premarital counseling before tying the knot and usually only allow divorce under limited circumstances (like domestic violence and abandonment) or after a long separation. Both say the chapter was hard to write. "I get very upset at this trend to make divorce harder," says Larson. "But the people who chose [covenant marriages] went into it with open eyes."

OLD UGLY MAN WINDOWS
9-5 WINDOW - Coupon Special
BUY PAY (installed)
9..... $2,655
8..... $2,360
7..... $2,065
6..... $1,770
5..... $1,475
CUSTOM, INSULATED, TILT-IN VINYL REPLACEMENT WINDOWS
INCLUDES LO E GLASS AND ARGON GAS
Look what else is INCLUDED!
BBB
DOUBLE PANE GLASS • INSTALLATION
EXTERIOR CAPPING INCLUDED • HALF-SCREEN
LIFETIME WARRANTY
NOW AVAILABLE CUSTOM RADIATOR COVERS
215-604-1717 or 215-534-7179
(But, remember, he wasn't always an old ugly man - once, he was just ugly)

You're the next Star
STARt Your Future with a New Career!

· Professional Cooking
· Commercial Cooking
· Professional Pastry & Baking
· Hotel & Restaurant Management
· Surgical Technology
· Dialysis Technician
· Medical Assistant
· Paramedic
· Cosmetology
STAR CAREER ACADEMY
Call or Visit Online Today!
800-739-8600
StarCareer.edu
2371 Welsh Rd. • Philadelphia, PA 19114 | Philadelphia Campus
2501 Monroe Blvd • Audubon, PA 19403 | Audubon Campus
Branches of Syosset, NY
For more information about our graduation rates, the median debt of students who completed the program, and other important information, please visit our website at www.starcareer.edu/faq. Salon services available by appointment. Performed by students, overseen by instructors. Star Career Academy is an approved BONENT program.

THE CDC RECOMMENDS ROUTINE VACCINATION OF 11 OR 12 YEAR OLDS AGAINST HPV-RELATED CANCER AND DISEASES.

THE TIME TO PROTECT THEM IS BEFORE EXPOSURE TO THE VIRUS.

There are about 40 types of human papillomavirus (HPV) that may affect an estimated 75% to 80% of males and females in their lifetime. For most, HPV will clear on its own. However, there's no way to predict who will and won't clear the virus. For those who don't clear certain types, HPV could cause cervical, vaginal, and vulvar cancers in females and anal cancer and genital warts in both males and females.

The CDC recommends routine vaccination for boys and girls ages 11 or 12 against HPV-related cancer and diseases.

GARDASIL® [Human Papillomavirus Quadrivalent (Types 6, 11, 16, and 18) Vaccine, Recombinant] is the only HPV vaccine that helps protect against 4 types of HPV. In girls and young women ages 9 to 26, GARDASIL helps protect against 2 types of HPV that cause about 75% of cervical cancer cases, 70% of vaginal cancer cases, and up to 50% of vulvar cancer cases. In males and females ages 9 to 26, GARDASIL helps protect against about 80% of anal cancer cases and about 90% of genital warts cases.

GARDASIL may not fully protect everyone, nor will it protect against diseases caused by other HPV types or against diseases not caused by HPV. GARDASIL does not prevent all types of cervical cancer, so it's important for women to continue routine cervical cancer screenings.

GARDASIL does not treat cancer or genital warts.

GARDASIL is given as 3 injections over 6 months.

IMPORTANT SAFETY INFORMATION

Anyone who is allergic to the ingredients of GARDASIL, including those severely allergic to yeast, should not receive the vaccine. GARDASIL is not for women who are pregnant.

The side effects include pain, swelling, itching, bruising, and redness at the injection site, headache, fever, nausea, dizziness, vomiting, and fainting. Fainting can happen after getting GARDASIL. Sometimes people who faint can fall and hurt themselves. For this reason, your child's health care professional may ask your child to sit or lie down for 15 minutes after he or she gets GARDASIL. Some people who faint might shake or become stiff. This may require evaluation or treatment by your child's health care professional.

Only a doctor or health care professional can decide if GARDASIL is right for your son or daughter.

You are encouraged to report negative side effects of prescription drugs to the FDA. Visit **www.fda.gov/medwatch** or call **1-800-FDA-1088.**

Please read the Patient Information on the adjacent page for more detailed information.

Talk to your child's doctor about GARDASIL.

Gardasil.com • 1-800-GARDASIL

Having trouble paying for your Merck medicine?
Merck may be able to help. Visit merck.com/merckhelps.
VACC-1119405-0002 06/14

www.metro.us

USPPI

9883616

Patient Information about
GARDASIL® (pronounced "gard-Ah-sill")
Generic name: [Human Papillomavirus Quadrivalent (Types 6, 11, 16, and 18) Vaccine, Recombinant]

Read this information with care before getting GARDASIL.[1] You (the person getting GARDASIL) will need 3 doses of the vaccine. It is important to read this leaflet when you get each dose. This leaflet does not take the place of talking with your health care provider about GARDASIL.

What is GARDASIL?
GARDASIL is a vaccine (injection/shot) that is used for girls and women 9 through 26 years of age to help protect against the following diseases caused by Human Papillomavirus (HPV):
- Cervical cancer
- Vulvar and vaginal cancers
- Anal cancer
- Genital warts
- Precancerous cervical, vaginal, vulvar, and anal lesions

GARDASIL is used for boys and men 9 through 26 years of age to help protect against the following diseases caused by HPV:
- Anal cancer
- Genital warts
- Precancerous anal lesions
  - The diseases listed above have many causes, and GARDASIL only protects against diseases caused by certain kinds of HPV (called Type 6, Type 11, Type 16, and Type 18). Most of the time, these 4 types of HPV are responsible for the diseases listed above.
  - GARDASIL cannot protect you from a disease that is caused by other types of HPV, other viruses, or bacteria.
  - GARDASIL does not treat HPV infection.
  - You cannot get HPV or any of the above diseases from GARDASIL.

What important information about GARDASIL should I know?
- You should continue to get routine cervical cancer screening.
- GARDASIL may not fully protect everyone who gets the vaccine.
- GARDASIL will not protect against HPV types that you already have.

Who should not get GARDASIL?
You should not get GARDASIL if you have, or have had:
- an allergic reaction after getting a dose of GARDASIL.
- a severe allergic reaction to yeast, amorphous aluminum hydroxyphosphate sulfate, polysorbate 80.

What should I tell my health care provider before getting GARDASIL?
Tell your health care provider if you:
- are pregnant or planning to get pregnant. GARDASIL is not recommended for use in pregnant women.
- have immune problems, like HIV infection, cancer, or you take medicines that affect your immune system.
- have a fever over 100°F (37.8°C).
- had an allergic reaction to another dose of GARDASIL.
- take any medicines, even those you can buy over the counter.

Your health care provider will help decide if you should get the vaccine.

How is GARDASIL given?
GARDASIL is a shot that is usually given in the arm muscle. You will need 3 shots given on the following schedule:
- Dose 1: at a date you and your health care provider choose.
- Dose 2: 2 months after Dose 1.
- Dose 3: 6 months after Dose 1.

Fainting can happen after getting GARDASIL. Sometimes people who faint can fall and hurt themselves. For this reason, your health care provider may ask you to sit or lie down for 15 minutes after you get GARDASIL. Some people who faint might shake or become stiff. This may require evaluation or treatment by your health care provider.

Make sure that you get all 3 doses on time so that you get the best protection. If you miss a dose, talk to your health care provider.

Can other vaccines and medications be given at the same time as GARDASIL?
GARDASIL can be given at the same time as RECOMBIVAX HB®[1] [hepatitis B vaccine (recombinant)] or Menactra [Meningococcal (Groups A, C, Y and W-135) Polysaccharide Diphtheria Toxoid Conjugate Vaccine] and Adacel [Tetanus Toxoid, Reduced Diphtheria Toxoid and Acellular Pertussis Vaccine Adsorbed (Tdap)].

What are the possible side effects of GARDASIL?
The most common side effects with GARDASIL are:
- pain, swelling, itching, bruising, and redness at the injection site
- headache
- fever
- nausea
- dizziness
- vomiting
- fainting

There was no increase in side effects when GARDASIL was given at the same time as RECOMBIVAX HB [hepatitis B vaccine (recombinant)].

There was more injection-site swelling at the injection site for GARDASIL when GARDASIL was given at the same time as Menactra [Meningococcal (Groups A, C, Y and W-135) Polysaccharide Diphtheria Toxoid Conjugate Vaccine] and Adacel [Tetanus Toxoid, Reduced Diphtheria Toxoid and Acellular Pertussis Vaccine Adsorbed (Tdap)].

Tell your health care provider if you have any of the following problems because these may be signs of an allergic reaction:
- difficulty breathing
- wheezing (bronchospasm)
- hives
- rash

Tell your health care provider if you have:
- swollen glands (neck, armpit, or groin)
- joint pain
- unusual tiredness, weakness, or confusion
- chills
- generally feeling unwell
- leg pain
- shortness of breath
- chest pain
- aching muscles
- muscle weakness
- seizure
- bad stomach ache
- bleeding or bruising more easily than normal
- skin infection

Contact your health care provider right away if you get any symptoms that concern you, even several months after getting the vaccine.

For a more complete list of side effects, ask your health care provider.

What are the ingredients in GARDASIL?
The ingredients are proteins of HPV Types 6, 11, 16, and 18, amorphous aluminum hydroxyphosphate sulfate, yeast protein, sodium chloride, L-histidine, polysorbate 80, sodium borate, and water for injection.

This leaflet is a summary of information about GARDASIL. If you would like more information, please talk to your health care provider or visit www.gardasil.com.

Manufactured and Distributed by: Merck Sharp & Dohme Corp., a subsidiary of Merck & Co., Inc.
Whitehouse Station, NJ 08889, USA

Issued April 2011

[1]Registered trademark of Merck Sharp & Dohme Corp., a subsidiary of **Merck & Co., Inc.** Copyright © 2006, 2009 Merck Sharp & Dohme Corp., a subsidiary of **Merck & Co., Inc.** All rights reserved

VACC-1119405-0002 06/14

Sometimes you need to make your own relationship rules

Dating. Breaking up doesn't have to be hard to do.

If you read enough books about dating, it's probably easy to assume that there are certain rules that apply to all happy relationships.

Not true, says author Sarah Mirk, who recently released her book "Sex From Scratch: Making Your Own Relationship Rules." While researching, Mirk says she spoke to 100 people who were either single, coupled or somewhere in between.

"I learned that there is not any secret rule for doing relationships right," Mirk says. "What matters a lot is your approach to relationships. You have to be honest and intentional in your actions."

If you're unhappy in your relationship, it's time to stop playing by the "rules." / COLOURBOX

Mirk took some time to share some of the other lessons she discovered about dating and breaking up in the 21st century.

It's your job to speak up: Too many times, we expect our partners to automatically know what we're thinking, what we like or what we find uncomfortable. Mirk says that she herself had to practice expressing her feelings out loud. "When I feel like I'm getting upset about something, I tell myself that it's my job in a relationship to say something. Because if I don't, nothing will change."

Breaking up can be courageous: Many couples sometimes stay in unhappy partnerships for longer than they'd like because they either fear being single or cannot imagine what their lives will look like outside of their long-term relationships. "Breaking up is a pretty brave thing to do," notes Mirk. "It's not a sign of failure." It's also important to figure out why you want to end your relationship. "I think a lot of times people have a lot of deep, unhappy stuff," says Mirk. "And instead of dealing with it, they would do something obviously bad — like cheating — and then say, 'Well, if I cheated, I have to break up,' instead of fixing the problem."

Lean on your friends: It's hard to have a breakup that isn't painful. That's why it's so important to have a strong support system around you. "Your friends are going to be your superheroes," says Mirk.

Remember, you can be happy: "A lot of people lose track of what is a happy relationship," says Mirk. If you don't see yourself being happy with the person you are with, it's OK to move on.

"Everyone deserves to be in a relationship that's healthy," says Mirk.

LAKSHMI GANDHI
@LakshmiGandhi
lakshmi.gandhi@metro.us

Post-breakup tip

Take care of yourself

You don't have to be completely alone if you feel lost after a breakup. "Call your friends, call your family and get professional help if you need it," says Mirk.

Dentures From $550
• Extraction - from $75
• Partial Denture - from $650
• Denture Repair - Done on Site
• Implant overdenture
• In-Office discount plan available
Appledenturecenter.com
215-DENTURE • 215-336-8873

Career Education

Check out the possible opportunities in

Medical Billing and Coding

Possible Options Include:
- Insurance companies
- Clinics & hospitals
- Nursing facilities
- Doctors' offices

Call Now! 800.984.1088

www.kaplancareerinstitute.com

KAPLAN CAREER INSTITUTE

177 Franklin Mills Blvd. • Philadelphia, PA 19154
1991 Sproul Rd., Suite 42 • Broomall, PA 19008
3010 Market St. • Philadelphia, PA 19104

For more information on our program and its outcomes visit www.kaplancareerinstitute.com/consumer-info.
Kaplan Career Institute does not guarantee employment or career advancement.

Adams Carpet Center

Free Shop At Home

call now! 215-425-9700

FREE INSTALLATION
UP TO 360 SQ. FT.

Level Loop Stain Resistance
3 Rooms Of Carpet
$488
AT ONE LOW PRICE!

48 HR. INSTALLATION AVAILABLE

IN STORE ONLY
REMNANTS SALE • CARPET ONLY
12x9-$69+up/12x12-$99+up
12x15-$119+up/12x18-$139+up

Nylon Plush $588
10 Year Wear Warranty
10 Year Stain Resistance
(Up to 360 Sq. Ft.)

100% Smart Strand BCF $688
Lifetime Stain & Soil Warranty
20 Year Wear Warranty
n Resistance
(Up to 360 Sq. Ft.)

Adams Carpet Center
Family owned and operated since 1970, 3rd generation

BENSALEM
2066 STREET RD., BENSALEM PLAZA
215-245-4400
HOURS: Mon., Wed., Thurs., Fri. 10am-8pm
Tues. & Sat.10am-5pm; Sun. 12pm-4pm

KENSINGTON
2850 EMERALD ST.
(1 BLOCK WEST OF FRANKFORD)
215-425-9700
HOURS: Mon. - Sat. 9am-5pm

ROXBOROUGH
6604 RIDGE AVENUE
215-482-3400
HOURS: Mon.- Wed., Thurs., Fri. 10am-8pm
Tues. & Sat. 10am-5pm, Sun. 11am-3pm

FINANCING AVAILABLE • NO INTEREST FOR 6 MONTHS • www.adamscarpetcenter.com

Tips. What the animal kingdom can teach us humans about love

Relationships take work, even for horses. / AMANA IMAGES

There's a lot we can learn about love from the birds and the bees — and the chickens, monkeys and squirrels. At least, that's true according to Jennifer Verdolin, an animal behavior expert and the author of the new book "Wild Connection: What Animal Courtship and Mating Tell Us About Human Relationships."

"We have this cultural idea of what dating and romance [are], but if we just had a little awareness, we could make choices that are healthy," she says.

Verdolin shares some of the most important things she learned about relationships through her work:

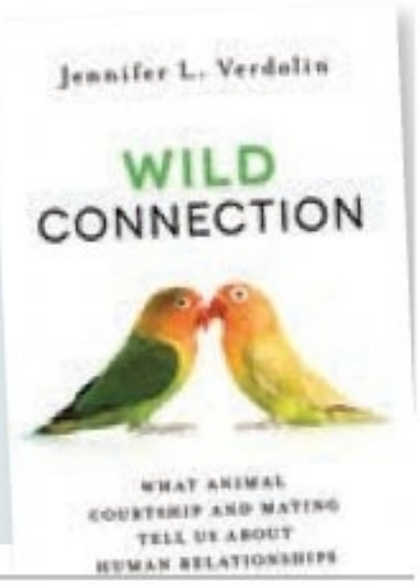
Rejection isn't personal It's a myth that all creatures in the animal kingdom find partners easily. "I didn't take rejection well," says Verdolin. "But it really wasn't personal; this was just not the right person for me. Looking at animals and how easily they were rejected, I started to become really focused." She began asking, "Is this a good match for me?"

LAKSHMI GANDHI

Decide on fidelity

Monogamy isn't necessarily natural

Not every animal mates for life. Squirrels, for example, have several short-term partners over the course of their lifetimes. The nature of their courtship process, says Verdolin, reflects this. "The choices are often made based on physical appearance," she notes.



NEW DIABETES STUDY SHOWS:
*Insulin Shots More Than Double the Risk of DEATH in Type II Diabetics

A new clinical study has shown that the disease of TYPE II DIABETES CAN BEGIN TO BE REVERSED in as little as 1 WEEK!

A free guide has just been made available to Type II Diabetics detailing an approach that appears to be more powerful than any drug known to modern science. The free diabetic guide explains in plain English how many diabetics have been able to reduce and eliminate their drugs and insulin injections, lose weight without exercise, reduce and eliminate the risk for diabetic complications, restore pancreatic function, and even become non-diabetic.

The free guide also reveals rarely used diagnostic testing that is helping doctors understand potential causes of diabetes beyond weight gain, genetics and lack of exercise.

To receive your free report
(available only while supplies last)
call toll free: 1-800-566-9985 or
go to www.phillydiabetesreport.com

InSight Health & Wellness

Dr. Richard Dunlap, DC, CFMP

FOR ADULTS WITH TYPE 2 DIABETES

JANUVIA works by enhancing your body's own ability to lower blood sugar.

- **JANUVIA is a prescription pill you take once a day.**
- **JANUVIA, along with diet and exercise, helps lower blood sugar in adults with type 2 diabetes.**
- **JANUVIA, by itself, is not likely to cause blood sugar going too low (hypoglycemia), because it works less when blood sugar is low.**
- **JANUVIA, by itself, is not likely to cause weight gain.**

JANUVIA (jah-NEW-vee-ah) should not be used in patients with type 1 diabetes or with diabetic ketoacidosis (increased ketones in the blood or urine). If you have had pancreatitis (inflammation of the pancreas), it is not known if you have a higher chance of getting it while taking JANUVIA.

Selected Risk Information About JANUVIA

Serious side effects can happen in people who take JANUVIA, including pancreatitis, which may be severe and lead to death. Before you start taking JANUVIA, tell your doctor if you've ever had pancreatitis. Stop taking JANUVIA and call your doctor right away if you have pain in your stomach area (abdomen) that is severe and will not go away. The pain may be felt going from your abdomen through to your back. The pain may happen with or without vomiting. These may be symptoms of pancreatitis.

Do not take JANUVIA if you are allergic to any of its ingredients, including sitagliptin. Symptoms of serious allergic reactions to JANUVIA, including rash, hives, and swelling of the face, lips, tongue, and throat that may cause difficulty breathing or swallowing, can occur. If you have any symptoms of a serious allergic reaction, stop taking JANUVIA and call your doctor right away.

Kidney problems, sometimes requiring dialysis, have been reported.

If you take JANUVIA with another medicine that can cause low blood sugar (hypoglycemia), such as a sulfonylurea or insulin, your risk of getting low blood sugar is higher. The dose of your sulfonylurea medicine or insulin may need to be lowered while you use JANUVIA. Signs and symptoms of low blood sugar may include headache, drowsiness, weakness, dizziness, confusion, irritability, hunger, fast heart beat, sweating, and feeling jittery.

Your doctor may do blood tests before and during treatment with JANUVIA to see how well your kidneys are working. Based on these results, your doctor may change your dose of JANUVIA. The most common side effects of JANUVIA are upper respiratory tract infection, stuffy or runny nose and sore throat, and headache.

You are encouraged to report negative side effects of prescription drugs to the FDA. Visit www.fda.gov/medwatch, or call 1-800-FDA-1088.

Pay as little as $5 per prescription.*

Visit Januvia.com/savings

*Maximum savings are limited. Not valid for patients with Medicare or other Government Program insurance. Other eligibility restrictions and Terms and Conditions apply.

Talk to your doctor about JANUVIA today.

Please read the Medication Guide on the adjacent page for more detailed information.

Merck Helps™ | Having trouble paying for your Merck medicine? Merck may be able to help. www.merck.com/merckhelps

Januvia® (sitagliptin)
25mg, 50mg, 100mg tablets

MERCK

Copyright © 2014 Merck Sharp & Dohme Corp., a subsidiary of **Merck & Co., Inc.** All rights reserved. DIAB-1124301-0002 07/14

www.metro.us

Medication Guide

JANUVIA® (jah-NEW-vee-ah) (sitagliptin) Tablets

Read this Medication Guide carefully before you start taking JANUVIA and each time you get a refill. There may be new information. This information does not take the place of talking with your doctor about your medical condition or your treatment. If you have any questions about JANUVIA, ask your doctor or pharmacist.

What is the most important information I should know about JANUVIA?

Serious side effects can happen in people taking JANUVIA, including inflammation of the pancreas (pancreatitis) which may be severe and lead to death.

Certain medical problems make you more likely to get pancreatitis.

Before you start taking JANUVIA:

Tell your doctor if you have ever had

- pancreatitis
- stones in your gallbladder (gallstones)
- a history of alcoholism
- high blood triglyceride levels
- kidney problems

Stop taking JANUVIA and call your doctor right away if you have pain in your stomach area (abdomen) that is severe and will not go away. The pain may be felt going from your abdomen through to your back. The pain may happen with or without vomiting. These may be symptoms of pancreatitis.

What is JANUVIA?

- JANUVIA is a prescription medicine used along with diet and exercise to lower blood sugar in adults with type 2 diabetes.
- JANUVIA is not for people with type 1 diabetes.
- JANUVIA is not for people with diabetic ketoacidosis (increased ketones in your blood or urine).
- If you have had pancreatitis (inflammation of the pancreas) in the past, it is not known if you have a higher chance of getting pancreatitis while you take JANUVIA.
- It is not known if JANUVIA is safe and effective when used in children under 18 years of age.

Who should not take JANUVIA?

Do not take JANUVIA if:

- you are allergic to any of the ingredients in JANUVIA. See the end of this Medication Guide for a complete list of ingredients in JANUVIA.

Symptoms of a serious allergic reaction to JANUVIA may include:

- rash
- raised red patches on your skin (hives)
- swelling of the face, lips, tongue, and throat that may cause difficulty in breathing or swallowing

What should I tell my doctor before taking JANUVIA?

Before you take JANUVIA, tell your doctor if you:

- have or have had inflammation of your pancreas (pancreatitis).
- have kidney problems.
- have any other medical conditions.
- are pregnant or plan to become pregnant. It is not known if JANUVIA will harm your unborn baby. If you are pregnant, talk with your doctor about the best way to control your blood sugar while you are pregnant.

  Pregnancy Registry: If you take JANUVIA at any time during your pregnancy, talk with your doctor about how you can join the JANUVIA pregnancy registry. The purpose of this registry is to collect information about the health of you and your baby. You can enroll in this registry by calling 1-800-986-8999.
- are breast-feeding or plan to breast-feed. It is not known if JANUVIA will pass into your breast milk. Talk with your doctor about the best way to feed your baby if you are taking JANUVIA.

Tell your doctor about all the medicines you take, including prescription and non-prescription medicines, vitamins, and herbal supplements.

Know the medicines you take. Keep a list of your medicines and show it to your doctor and pharmacist when you get a new medicine.

How should I take JANUVIA?

- Take JANUVIA 1 time each day exactly as your doctor tells you.
- You can take JANUVIA with or without food.
- Your doctor may do blood tests from time to time to see how well your kidneys are working. Your doctor may change your dose of JANUVIA based on the results of your blood tests.
- Your doctor may tell you to take JANUVIA along with other diabetes medicines. Low blood sugar can happen more often when JANUVIA is taken with certain other diabetes medicines. See **"What are the possible side effects of JANUVIA?"**.
- If you miss a dose, take it as soon as you remember. If you do not remember until it is time for your next dose, skip the missed dose and go back to your regular schedule. Do not take two doses of JANUVIA at the same time.
- If you take too much JANUVIA, call your doctor or local Poison Control Center right away.
- When your body is under some types of stress, such as fever, trauma (such as a car accident), infection or surgery, the amount of diabetes medicine that you need may change. Tell your doctor right away if you have any of these conditions and follow your doctor's instructions.
- Check your blood sugar as your doctor tells you to.
- Stay on your prescribed diet and exercise program while taking JANUVIA.
- Talk to your doctor about how to prevent, recognize and manage low blood sugar (hypoglycemia), high blood sugar (hyperglycemia), and problems you have because of your diabetes.
- Your doctor will check your diabetes with regular blood tests, including your blood sugar levels and your hemoglobin A1C.

What are the possible side effects of JANUVIA?

Serious side effects have happened in people taking JANUVIA.

- See **"What is the most important information I should know about JANUVIA?"**.
- **Low blood sugar (hypoglycemia).** If you take JANUVIA with another medicine that can cause low blood sugar, such as a sulfonylurea or insulin, your risk of getting low blood sugar is higher. The dose of your sulfonylurea medicine or insulin may need to be lowered while you use JANUVIA. Signs and symptoms of low blood sugar may include:
  - headache
  - drowsiness
  - weakness
  - dizziness
  - confusion
  - irritability
  - hunger
  - fast heart beat
  - sweating
  - feeling jittery
- **Serious allergic reactions.** If you have any symptoms of a serious allergic reaction, stop taking JANUVIA and call your doctor right away. See **"Who should not take JANUVIA?"**. Your doctor may give you a medicine for your allergic reaction and prescribe a different medicine for your diabetes.
- **Kidney problems**, sometimes requiring dialysis

The most common side effects of JANUVIA include:

- upper respiratory infection
- stuffy or runny nose and sore throat
- headache

JANUVIA may have other side effects, including:

- stomach upset and diarrhea
- swelling of the hands or legs, when JANUVIA is used with rosiglitazone (Avandia®). Rosiglitazone is another type of diabetes medicine.

These are not all the possible side effects of JANUVIA. For more information, ask your doctor or pharmacist.

Tell your doctor if you have any side effect that bothers you, is unusual or does not go away.

Call your doctor for medical advice about side effects. You may report side effects to FDA at 1-800-FDA-1088.

How should I store JANUVIA?

Store JANUVIA at 68°F to 77°F (20°C to 25°C).

Keep JANUVIA and all medicines out of the reach of children.

General information about the use of JANUVIA

Medicines are sometimes prescribed for purposes that are not listed in Medication Guides. Do not use JANUVIA for a condition for which it was not prescribed. Do not give JANUVIA to other people, even if they have the same symptoms you have. It may harm them.

This Medication Guide summarizes the most important information about JANUVIA. If you would like to know more information, talk with your doctor. You can ask your doctor or pharmacist for additional information about JANUVIA that is written for health professionals. For more information, go to www.JANUVIA.com or call 1-800-622-4477.

What are the ingredients in JANUVIA?

Active ingredient: sitagliptin

Inactive ingredients: microcrystalline cellulose, anhydrous dibasic calcium phosphate, croscarmellose sodium, magnesium stearate, and sodium stearyl fumarate. The tablet film coating contains the following inactive ingredients: polyvinyl alcohol, polyethylene glycol, talc, titanium dioxide, red iron oxide, and yellow iron oxide.

What is type 2 diabetes?

Type 2 diabetes is a condition in which your body does not make enough insulin, and the insulin that your body produces does not work as well as it should. Your body can also make too much sugar. When this happens, sugar (glucose) builds up in the blood. This can lead to serious medical problems.

High blood sugar can be lowered by diet and exercise, and by certain medicines when necessary.

This Medication Guide has been approved by the U.S. Food and Drug Administration.

Distributed by: Merck Sharp & Dohme Corp., a subsidiary of
MERCK & CO., INC., Whitehouse Station, NJ 08889, USA

For patent information: www.merck.com/product/patent/home.html
The trademarks depicted herein are owned by their respective companies.
Copyright © 2010 Merck Sharp & Dohme Corp., a subsidiary of **Merck & Co., Inc.**
All rights reserved.

Revised: 02/2014
usmg-mk0431-t-1402r013
DIAB-1124301-0002 07/14

Januvia®
(sitagliptin)
25mg, 50mg, 100mg tablets

Where to eat this fall

Coming soon. Here's the lowdown on nine restaurants slated to open this month or next.

Brigantessa

Where: 1520 E. Passyunk Ave.
When: October
Vibe: Homey Italian
The scoop: Chef Joe Cicala, Francis Cratil-Cretarola and Catherine Lee — all from Le Virtu — are opening this pizzeria serving Neapolitan pies and pasta wood-fired in an oven that immigrated from Italy by boat.

City Tap House Logan Square

Where: 2 Logan Square
When: mid-October
Vibe: Similar to its sister location in University City, but with an 18-by-9 video wall for watching the games.
The scoop: The menu is sandwiches, burgers and other pub fare, plus 40 taps and a bottle list.

2nd Story Brewing

Where: 117 Chestnut St. (formerly Triumph Brewing)
When: October or November
Vibe: Casual and spacious, with outdoor seating
The scoop: The food is elevated American pub fare, complemented by head brewer John Wible's approachable ales and lagers.

Kensington Quarters

Where: 1310 Frankford Ave.
When: Late October or early November
Vibe: Farm-to-table
The scoop: Fishtown is getting a four-in-one with KQ: It's a restaurant, bar, butcher shop and classroom space for butchering and cooking workshops.

Italian

Palladino's

Where: 1934 E. Passyunk Ave.
When: Late November or early December
Vibe: Upscale but non-snooty Italian
The scoop: Chef Luke Palladino is no stranger to the restaurant scene, and his first foray into Philly is on one of the hottest food strips.

Luke Palladino is bringing his Italian fare to East Passyunk. / PROVIDED

Jake's is adding a second location, this one in University City. FACEBOOK

Joe Cicala of Brigantessa PROVIDED

Aldine

Where: 1901 Chestnut (formerly Noche)
When: Late October or early November
Vibe: "Thoughtful" and seasonal
The scoop: George and Jennifer Sabatino's 70-seater will offer two reservations-only tasting menus — one for omnivores, one for herbivores — plus an a la carte small plates menu for walk-ins and bar guests. Pastry chef Sara May is in charge of desserts.

U-Bahn

Where: 1320 Chestnut
When: Late October or early November
Vibe: Trendy bar/restaurant/club
The scoop: U-Bahn has a local focus, with Pennsylvania craft brews, local liquors and "Philly-focused" food.

P'unk Burger

Where: 1823 E. Passyunk Ave.
When: November
Vibe: Casual but hip
The scoop: Slice owners Marlo and Jason Dilks are behind this twist on a classic diner, featuring burgers, fries and shakes as well as vegan, vegetarian and gluten-free options and organic fountain soda. It's in the space Chhaya Cafe just left for a bigger location a few doors down.

Jake's Sandwich Board

Where: 125 S. 40th St.
When: Late November-ish
Vibe: Casual and take out
The scoop: The University City location will be similar to the newly renovated Midtown Village Jake's. Both spots are adding "roasts" for the dinner menu: shareable portions of pig, brisket or turkey in a cast-iron skillet, plus sides. But we know you'll just be going for the Barnyard.

RACHEL VIGODA
@rachelatmetro
rachel.vigoda@metro.us

my city. now. metro

Down the line

Tredici

Zavino Hospitality Group owner Greg Dodge is working on another Mediterranean spot, this one with 50 seats and a full bar at 114 S. 13th St., across the street from the Midtown Village Zavino. It will be "Zavino-light." Tredici is shooting for an early 2015 opening.

LT International Beauty School
215-922-4478
215-229-0390
Become a Cosmetologist in 10 Months
(Relaxer, Weave Cap, Sew-in Weave, Corn Row, Kinky Twist, Press & Curl, Color, Manicure, Acrylic Nail Set, Facial, Waxing, Body Wraps & Make-up Application)
PRESENT THIS AD AND YOUR APPLICATION FEE IS WAIVED
CLASSES STARTING NOVEMBER 3RD
Two locations:
830 N. Broad St.
Philadelphia, PA 19132
Phone: 215-922-4478
2522 N. Broad St.
Philadelphia, PA 19130
Phone: 215-229-0390
Financial Aid Available For Those Who Qualify

Whiz or goat cheese?

We're not taking sides — this is a stock cheesesteak photo. / ISTOCK

Eat. Top chefs duke it out to create the winning cheesesteak at High Steaks!

The stakes are high at Square 1682's fifth anniversary block party Sunday. Actually, it's the steaks: The Hotel Palomar restaurant is hosting High Steaks! The Great Philly Cheesesteak and Cocktail Competition, with top Philly chefs cooking it out to make some not-so-traditional, elevated cheesesteaks. And don't feel bad about gorging all day — proceeds go to Philabundance.

Bartender Chauncey Scates, named one of Zagat's 30 Under 30 in Philadelphia, will run the craft cocktail competition. Victory Brewing will provide the beer.

So what makes a winning cheesesteak? We asked three chefs taking part in High Steaks!, including host Caitlin Mateo.

Caitlin Mateo

Square 1682
"Plain and simple, you need great ingredients, starting with the bread. You need a roll that is soft and spongy to suck up the juice of the meat and the whiz or other topping, but strong enough to support all those ingredients as well. You need to have quality ingredients and not be afraid of getting a little creative. Last time around for Cheesesteak Challenge, we did a braised goat cheese steak with a goat cheese sauce, and it was so delicious.

"This year, I'm looking forward to getting creative with some nontraditional ingredients and more hearty flavors that complement this time of year — but all of the key components will be included."

Alex Boonphaya

Circles and Tuk Tuk Real
"For me, a great cheesesteak contains moist, well-seasoned meat paired with flavorful cheese (sharp provolone or American) and caramelized onions, tucked into crusty bread that's crunchy on the outside and soft on the inside. I need all those elements to fall in love with a cheesesteak.

"If one part is missing, the whole creation is flawed and I'm not happy."

Robert Surdam

Red Owl Tavern
"What makes an excellent cheesesteak for me is taking a classic and amping it with superior ingredients. That's what we do at Red Owl Tavern. We use a really good shaved rib eye, and then top it with caramelized onions and a nice Cabot cheddar.

"We add a touch of heat to engage the full palate with some roasted long hots. They give nice balance and it's just delicious."

If you go

High Steaks!

Sunday, 1 to 4 p.m.
Between 16th and 17th streets on Sansom St., outside Hotel Palomar's Square 1682
$40 in advance, $45 at the door
highsteakscheesesteak.eventbrite.com

RACHEL VIGODA
@rachelatmetro
rachel.vigoda@metro.us

metro
PHOTO CHALLENGE
CALL FOR ENTRIES
CAPTURE YOUR CITY
WORLD'S LARGEST PHOTO CONTEST
WWW.METROPHOTOCHALLENGE.COM
SUBMIT YOUR VISUAL INTERPRETATION OF ANY OF THE THREE CITY CATEGORIES:
My City's Magic, Urban Escape or My Green City
Enter today to win a $5,000 cash prize!
I'M FOR CLIMATE ACTION

BRINGING THE
BEST
OF PHILLY TOGETHER

The Philadelphia City Paper is now part of the Metro family.

Every week, Metro and City Paper reach 840,000 people in Greater Philadelphia.
(Source: Nielsen Scarborough 2013-14)

Pick up your copy of City Paper today!

metro

Contact Jennifer Clark at 215-717-2695 or adsphilly@metro.us

TALKS

David Casarett

Thursday, 6:30 p.m.
Mutter Museum
19 S. 22nd St.
$10, 215-563-3737
www.muttermuseum.org
In an appropriate lecture for the Halloween season, Dr. David Casarett will discuss his book "Shock: Adventures in Bringing Back the Recently Dead," which explores the science of resuscitation and how it's altering the way we think about what it means to be alive and dead. It's not quite Dr. Frankenstein's dream come true, but that was a creepy dream anyway.

ART

Beyond White Pines: Poconos Paradise, Past and Present

Friday through Nov. 15
The Light Room Gallery
2024 Wallace St.
Free, 215-828-1661
www.thelightroom.org
Photos of abandoned Poconos resorts by two photographers make up this exhibit. Matt Hurst approaches his subject in a realistic manner, while Katie Rey provides a surrealistic counterpoint. There's a spooky sense of the passage of time in these images.

THEATER

'A Night with Lady G.'

Thursday through Oct. 25
Plays and Players
1714 Delancey St.
$10-$35, 800-838-3006
www.brownpapertickets.com
The Irish Heritage Theater presents three short plays by Lady Gregory, who's best known as the patroness of early 20th century poet William Butler Yeats.

ROBERT SMEE

DANCE

'Sparks the Stage'

Saturday and Sunday
Painted Bride Art Center
230 Vine St.
$25-$30, 215-925-9914
www.paintedbride.org
The eclectic ContempraDANCE Theater Company presents an encore performance of a show featuring several works by artistic director Gail Vartanian, all set to original music. For those who show up early on Saturday, there's a wine, beer and cheese reception beforehand.

ART

PROVIDED

Nick D'Angelo

Through Nov. 2
Rodger LaPelle Galleries
122 N. Third St.
Free, 215-592-0232
www.rodgerlapelle galleries.com
This painter's work lies somewhere between pop art and surrealism. The exhibit continues his theme of hyper-realistic but bleached-out scenes with a single brightly colored object highlighted. It seems to speak to the way our materialism imbues certain products with a kind of magic, self-affirming power.

MUSIC

Meddlesome Meddlesome Meddlesome Bells

Friday, 8 p.m.
Bourbon and Branch, 705 N. Second St., $7-$10, 800-838-3006
www.brownpapertickets.com
This meddlesome band has an edgy electric folk/blues sound that emphasizes the dark, paranoid side of the American folk tradition — the side that birthed such immortal tunes as "The House of the Rising Sun." But they do so through a post-punk lens, creating a veritable witch's brew of traditional and contemporary angst with a spooky, hypnotic power all its own.

PROVIDED

FESTIVAL

Old City Seaport Festival

Friday through Sunday
Independence Seaport Museum, 211 S. Columbus Blvd.
Free-$16, 215-413-8655, www.phillyseaport.org
This weekend-long festival includes deck tours of the tall ships, a craft village, some delicious food trucks and live music. Friday at 5 p.m. is the Parade of Sail, during which the tall ships will sashay up the river. Watch from Penn's Landing.

PROVIDED

Though she was a member of the Anglo-Irish ruling class, the plays reflect her interest in and sympathies with commonplace Irish life and Irish independence.

'Ciphers'

Through Oct. 26
Off-Broad Street Theater
1636 Sansom St.
$25-$30, 215-454-9776
inisnuatheatre.ticketleap.com
Inis Nua Theatre Company presents this spy thriller by Dawn King. As with most spy thrillers, that plot is a little too complicated to sum up here — for one thing, each actor plays two different characters. Confusing? You bet. But a little confusion is to be expected in a play about deception.

MOVIES

'The Elephant Man'

Friday, 7 p.m.
PHS Pop-Up Garden
1438 South St.
Free, 267-239-2941
www.filmadelphia.org
For his only biopic, made in 1980, David Lynch picked an appropriately unusual subject: the famously deformed Victorian man who was rescued from a cruel freak show and became a beloved curiosity in London society, with the Queen herself ensuring he'd receive the best medical care. Still, his disease bound him to tragedy.

FESTIVAL

Philadelphia 'County Fair'

Friday through Sunday
The Oval
2601 Benjamin Franklin Parkway
Free, 215-422-4169
www.theovalphl.org
This festival at the Oval tries to recreate the classic county fair experience, with carnival rides and games, a petting zoo, a cornhole tournament and even a barn dance. Plus there are urban delights such as food trucks, film screenings, DJ sets and a wine and cider garden.

MATTHEW DINARO

a top 100 craft fair nationwide
Pennsylvania Guild
FINE CRAFT FAIR
I BUY MADE IN AMERICA
QUILTS BY RACHEL DERSTINE, BOOTH #32
OCT. 10, 11 & 12
Rittenhouse Square PHILADELPHIA
FREE
Fri & Sat: 11 - 6, Sun: 11 - 5
PACRAFTS.org

Horoscope

♎ Libra | Sept. 23-Oct. 22. Discord and disappointment will lead to minor mishaps. Face relationship issues that are stressful.

♏ Scorpio | Oct. 23-Nov. 21. Don't be in such a rush. If your schedule is too full, it's time to slow things down. Minor accidents are more likely to occur if you are distracted.

♐ Sagittarius | Nov. 22-Dec. 21. Tension and stress can be averted with some form of physical exercise. Sports, a gym membership or less-strenuous pastimes will provide an outlet.

♑ Capricorn | Dec. 22-Jan. 20. If someone disagrees with your opinion, don't take it personally. Letting your emotions dictate your actions will cost you.

♒ Aquarius | Jan. 21-Feb. 18. You will receive a tempting offer. Make sure to get all of the requirements in writing. Romance is on the rise.

♓ Pisces | Feb. 19-March 20. Don't let others take credit for your work. Make sure that your employer knows what and how much you contribute so that your talents will be recognized.

♈ Aries | March 21-April 20. You will be bogged down with family duties. Let everyone know that you expect hands-on support, or you will end up tired.

♉ Taurus | April 21-May 21. Keep a low profile. Dealing with relatives or friends will be troublesome. Find a worthwhile project to work on alone.

♊ Gemini | May 22-June 20. Step up your physical activity. Games or sports with younger people will be rewarding and fun, and will help to burn off some extra calories.

♋ Cancer | June 21-July 22. Don't say the first thing that comes to mind. Those around you may be oversensitive, so choose your words carefully.

♌ Leo | July 23-Aug. 22. Mixing business with pleasure is not a good idea. Revealing too much information will lead to an embarrassing situation.

♍ Virgo | Aug. 23-Sept. 22. A joint financial venture will lead to problems. A more effective way to hold on to your money is to keep it in a safe place that pays interest. EUGENIA LAST

Sudoku: Easy and hard

5				3		7	6	
	2		1		7		3	
	9	7	4				8	
		2			4			
			8	1	5			
			6			8		
	1				3	6	7	
	3		7		2		5	
	7	6		8				2

			3		2	9	7	
	2					3		
3		8	5				1	2
			8	5	6			
		1				5		
			4	1	3			
4	5				1	2		3
		2					9	
	6	9	2		7			

How to play
Fill in the grid so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Letters

Lawrence's scolding rings false

Re: 'Jennifer Lawrence: "I didn't tell you that you could look at my naked body"' (Metro, Oct. 8) It should be axiomatic at this point that anything delivered over to the World Wide Web is or will be public or shared with unintended viewers. Knowing that, as a sophisticated adult, especially one with a PR rep, and to now cry over naked photos sent over the Internet to that special someone, well, it rings very hollow to me. I am unsympathetic to cries of woe from someone who acknowledges she sent nude photos as "boyfriend porn" presumably to be used privately. WARREN D. TOCHTERMAN, VIA EMAIL

Get a grip, teachers

Re: 'Nutter: "Some action needed to be taken"' (Metro, Oct. 8) It makes me laugh that teachers are upset they now have to pay into their benefits. The days of a career with "full-blown benefits" is over. Nutter is right, in today's environment, it's unsustainable for employees not to pay into their benefits. I had no choice but to take a high-deductible plan and put money into an HSA. And guess what? I'm happy I have to pay in; it makes me more aware of my decisions regarding my health. ANTHONY C. LOMBARD, VIA EMAIL

letters@metro.us

Keep them as brief as possible, preferably under 100 words. Metro reserves the right to edit all letters. Please include your name and contact info.

Visit us online at **Metro.us.**

Use your smartphone to find today's crossword answers! Download and open the Blippar app on your smartphone and hold the screen over the puzzle.

Crossword

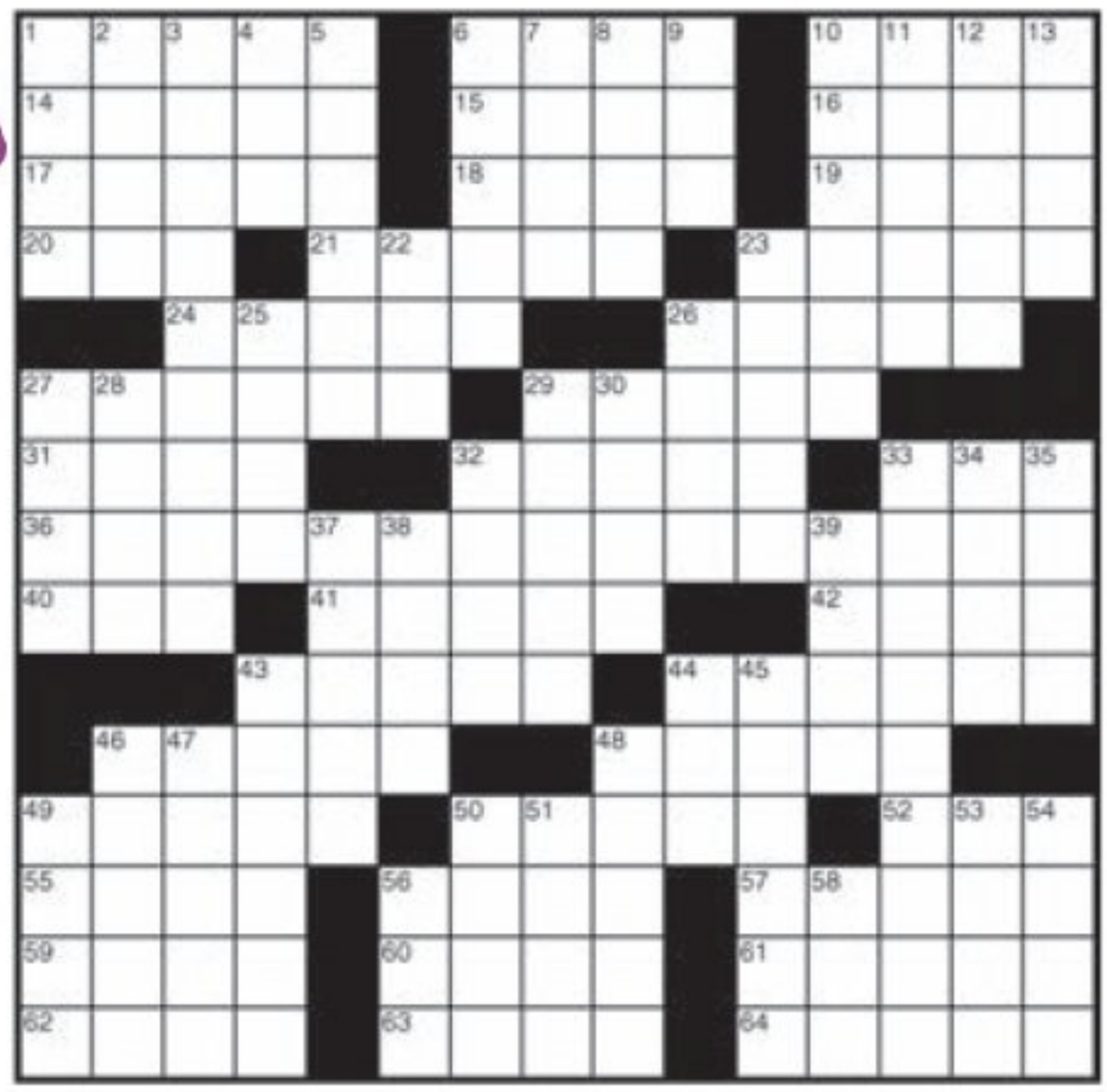
Across

1 Work hard
6 Hungry for more
10 Slangy lady
14 River horse, for short
15 Tad
16 Banjo cousins
17 Language quirk
18 Stair part
19 Like a thirsty plant
20 Toshiba rival
21 Better equipped
23 Singer – John
24 Let loose
26 Earnest requests
27 Dark red
29 Priggish
31 Natural resources
32 Brandish
33 Dry, as wine
36 Flirts surreptitiously (3 wds.)
40 L-o-n-g time
41 Young raptor
42 Klein of fashion
43 Musical symbols
44 Predatory cat
46 Burn with steam
48 Kind of jockey
49 Like hedgehogs
50 Bowie's last stand
52 Suffix for "forfeit"
55 Heroic tale
56 Cello kin, briefly
57 Sat for an artist
59 Dark igneous rock
60 Jean Stein best-seller
61 Installed mosaics
62 Parched
63 Camping gear
64 In a wily way

Down

1 Climb up a pole
2 Roomy
3 Foodie
4 GI mail drop
5 BLT part
6 Usher's beat
7 Show of hands
8 Livy's route
9 Skip stones
10 Took the edge off
11 Curly-tailed dog
12 Office notes
13 Cable channel
22 Dumpster
23 Miss a syllable
25 Inquisitive
26 Sanskrit dialect
27 Brood
28 Woody's son
29 Building lots
30 Dry run
32 Eat hungrily
33 Like a steamy dance
34 Still-active volcano
35 "Moonstruck" star
37 Bad move
38 Had a mortgage
39 "Minimum" amount
43 Hors d'oeuvre
44 Henson or Croce
45 Passes a bill
46 Be merciful
47 Stogie
48 Parking attendant
49 Former JFK arrivals
50 — -de-camp
51 Pork cut
53 Get dizzy
54 Whirlpool
56 Old pro
58 Sunflower yield

Yesterday's answer



metro **As the world's largest global newspaper, Metro has more than 18 million readers in more than 100 major cities in 23 countries.** • **Metro Philadelphia** 30 S. 15th St., Philadelphia, PA 19102 • **main** 215-717-2600 • **to advertise** 215-717-2695 • **National Sales Director** Ed Abrams • **Executive Sales Director** Jennifer Clark • **U.S. Circulation Director** Joseph Lauletta • **U.S. Marketing Director** Wilf Maunoir • **email sales** adsphilly@metro.us • **email distribution** distribution@metro.us • Advertisements appearing in Metro are published in good faith. Metro does not endorse and makes no representations about any of the advertising content appearing in its pages. Metro is not responsible for any loss or damages whatsoever resulting from readers using the services of its advertisers. Readers should exercise caution when replying to advertisements, especially those which require any form of payment, and, where necessary, should seek independent legal advice. • **Editor in Chief** Aleksander Korab, aleksander.korab@metro.us • **Managing editor** Mark Osborne, mark.osborne@metro.us • **National News Editor** Jill Gadsby, jil.gadsby@metro.us • **City Editor** Christina Paciolla, christina.paciolla@metro.us • **Sports Editor** Evan Macy, evan.macy@metro.us • **Features Editor, Music Editor** Pat Healy, pat.healy@metro.us • **Deputy Features Editor, Home/Style/Food Editor** Tina Chadha, tina.chadha@metro.us • **Entertainment/Going Out/Travel Editor** Rachel Vigoda, rachel.vigoda@metro.us • **Film/Tech Editor** Matt Prigge, matt.prigge@metro.us • **Wellbeing/Going Out Editor** Eva Kis, eva.kis@metro.us • **Careers/Education/Dating Editor** Lakshmi Chandi, lakshmi.gandhi@metro.us • **Copy Chief** Tracie Michelle Murphy, tmichelle.murphy@metro.us

Foles fighting with footwork

NFL. Chip Kelly says Nick Foles must stop throwing off his back foot.

The Nick Foles of 2014 is different than the Nick Foles of 2013. Watching the game tape from Sunday's 34-28 win over the Rams, coach Chip Kelly discovered one possible reason why he's been less effective: He appears to be throwing off his back foot.

"I think sometimes when that happens, there's a rush and he's trying to slide to the right or slide to the left and not setting his feet when he slides," Kelly said. "He's got to be a little bit firmer with his feet."

After throwing just two interceptions a season ago, Foles already has five picks in five games. He's also been off with the long ball.

"I think it's fixable," Kelly said. "It's just a matter of drill work, fundamentals, [and doing] a lot of movement drills."

Aside from the footwork, which has been an issue for Foles, there are also a variety of different looks coming from opposing defenses. Solving these will certainly help Foles in the backfield.

"I don't think we had as much pressure last year, to be honest with you," Kelly said. "Sometimes it's just little fundamental things and we all have to go back to work, and I think he understand that."

EVAN MACY
@evan_macy
evan.macy@metro.us

Play-action power

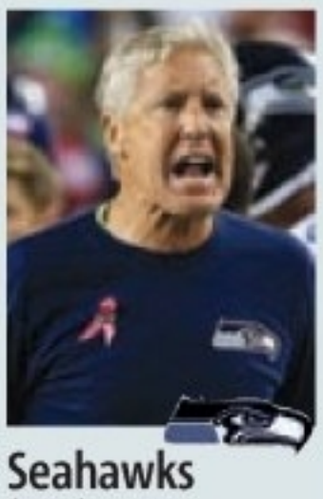
111

Foles and the Eagles are great with the play action pass. Last week, Foles went 9-of-12 for 111 yards and a TD.

Foles has fallen to the bottom third in passer rating. / GETTY IMAGES

NFL power rankings | by Matt Burke

No. 1



Seahawks (3-1)

The Seahawks hadn't played since Sept. 21 prior to Monday night's 27-17 win over the Redskins. The champs looked rusty as they had several big plays called back due to penalties and the defense was less than stellar as Kirk Cousins looked comfortable in the pocket.

No. 2

Broncos (3-1)

Remember when people were convinced Peyton Manning's neck issues would end of his career?

No. 3

Chargers (4-1)

We don't buy Geno Smith's Pacific Time excuse, but the Jets would've been blown out regardless.

No. 4

Cardinals (3-1)

Glancing around, some outlets are dropping the Cards far in their rankings. We're being the nice guys.

No. 5

Eagles (4-1)

It was chic to rag on the NFC East in the preseason. But now, the division owns two 4-1 teams.

No. 6

Packers (3-2)

Green Bay's seven-point performance vs. the Lions on Sept. 21 appears to have been a wake-up call.

No. 7

Bengals (3-1)

No one was beating the Pats on Sunday, but we need to see Cincy step up when the lights are bright.

No. 8

Cowboys (4-1)

It's too easy to poke fun at the 4-1 record. They're sure to get their comeuppance Sunday at Seattle.

No. 9

Colts (3-2)

This team could soon be ready to challenge the likes of the Broncos and Chargers in the AFC.

No. 10

49ers (3-2)

You can go very deep in the postseason, even if your coach and front office don't see eye-to-eye.

No. 11

Ravens (3-2)

The Ravens have had a brutal schedule to start the season but catch a break Sunday at Tampa.

No. 12

Giants (3-2)

The overall excitement regarding the Giants' offense is gaining steam by the week.

No. 13

Patriots (3-2)

Beyond the Tom Brady love from Sunday night, Rob Gronkowski finally looked like himself again.

3 SPORTS

Ryans questionable

Eagles short at linebacker

With Mychal Kendricks still sidelined with a calf injury, the Eagles could be without defensive play-caller and middle linebacker DeMeco Ryans, who sat out Wednesday's practice due to a groin injury. "If there is one guy that I wouldn't count out of anything, it would be DeMeco," Chip Kelly said. "But we'll see how he progresses during the week. One thing about DeMeco, is he's extremely honest with you. He'll tell you if he can go or can't go. ... It sounds like he's progressing, so we're hopeful for that, but we'll see what happens in these next couple days of training."

Rollins' career on cusp of

MLB. The Phillies shortstop is the longest tenured pro athlete playing for a Philadelphia team.

Rollins is the Phillies' all-time hits leader, and ranks 12th among active players (through 2014). / ALL PHOTOS GETTY IMAGES

Jimmy Rollins is the dean of Philadelphia sports. The Phillies all-time hits leader is the longest tenured professional athlete in town. J-Roll, who laughed when reminded of his status, isn't just a Philadelphia sports icon. If both his numbers and his list of accomplishments continue to grow, an argument for Rollins becoming enshrined in Cooperstown can be made.

It's hard to believe, but you've lived here as long as you did in California.
It's true. I grew up there and left when I was 17, which is about as long as I've been with the Phillies organization.

When you play against the Giants on national television, it's not uncommon to hear, 'Jimmy Rollins is just a long drive from his beloved hometown of Oakland.'
I love that Bay Bridge. I love that drive. It's a new Bay Bridge. It's real nice. But I love living in the Philly area. It's home.

How does it feel to be the dean of Philly sports?
It's been great. I haven't had to change my address for a long time. I bought a family house, I'm a family man. I have not had to deal with a lot of change.

Any concerns going into a contract year?
I'm not worried about that. I know the organization. They know me, from top to bottom.

You were in the middle of the greatest run in the history of this 132-year-old franchise.
I was definitely part of it. I was also part of it before the run started and now I'm part of it now that the run is over.

You're so matter-of-fact about that. You've always been very even keel.
I'm not very emotional when it comes to baseball. I don't know why. I've never really been that way. It'll probably hit me when I retire. Charlie (Manuel) says it hits you when you look back. Then I'll probably say, "Wow, that was really cool." But I can't look at it now. I'm still in the middle of all of this. I just have a hard time

Accomplishments

Most know Rollins as the Phillies' outspoken shortstop, but he has been an all-time great on the field.

- Rollins is the only active shortstop (including Derek Jeter) who has won an MVP award.
- He is the only baseball player in history to have 400 stolen bases and 200 homers.
- He has 2,306 hits (first in Phillies history) and has won four gold gloves.

NOTICE OF PUBLIC AUCTION

MR. STORAGE will sell to satisfy the lien of the landlord at public sale by competitive bidding on **October 10, 2014** the goods stored in the spaces of the following tenants:

At 10 am at 355 W. Main Street, Norristown., PA 19401

#3507 Sharon Frazier.

At 10 am at 2515 S. Front St., Phila., PA 19148

1083 William Blaine, 3085 Renese Boone, 4019 Michelle Carey, 4053 Frank Casillo, 1085 Betty Johnson Askew, 4046 Iwanka Kultschyckyj, 3017 Paul Mavi Jr, 3020 Jameison Odgen, 5455 Dennis Pocetti, 1068 Renee Rivello, 5408 Steve Roberts, 5060 Edward Robinson Jr, 5310 Maria Serafino, 5775 Melanie Slovinski, 4072 Constantin Stylios, 3106 Linda Strothers.

At 10 am at 7049 Frankford Ave., Phila., PA 19135

110 Clarence Armstrong, 1300 Victoria Armstrong, 301, Patricia Austin, 1519 Tina Donahue, 1505 Shona Fooks, 1612 Jessica Hegedus, 1521 Kristen Hockel, 201 Joan Stricker, 1102 Joan Stricker, 210 Kristie Vankirk.

At 10 am at 5440 North 6th Street, Phila., PA 19120

1102 Olga Barber, 37 Benjamin Burwell, 3415 Adrian Doughtry, 3419 Howard Lucas, 503 Janice March, 3506 Ronald Smith, 1010 Twanna M. Smith, 2410 Shirley Thomas, 902 Ulysses Washington.

At 10 am at 5026 Ridge Ave., Phila., PA 19128

27 Elliot Barbaro, 280 Wesley Bridges, 245 Kevin Burris, 611 Beverly Caldwell, 309 Kimberly Crowe, 2702 Curtis C. Dailey, 46 Shondell Dutton, 37 Karen Eichman, 329 Don Elbaum, 656 Douglas Grossinger, 665 Douglas Grossinger, 269 Stefon L. Ingram, 139 Christopher Kane, 657 Devon Logan, 527 Iesiah O. Patterson, 33 Beatrice M. Peay, 429 Fran Pillo, 685 Fran Pillo, 475 Robbin Stanton, 319 Joy Starr, 140 Ervin G. Williams.

At 10 am at 6758 Ridge Ave., Phila., PA 19128

#184 Roger Fountain.

Purch must be made with cash along w/a refundable dep. and paid in full at time of purch. All goods are sold as is, and must be removed at the time of purch. Sale is subject to adjournment. Seller reserves the right to set a minimum bid.

Locker Room Self Storage, Inc. **PUBLIC AUCTION**

Notice of public sale of personal property. Notice is hereby given that the undersigned will sell, to satisfy the lien of the landlord, at public sale by competitive bidding on **OCTOBER 23, 2014 @ 11am.** Locker room self storage, inc. Located at 2001 w. Erie Avenue, Philadelphia, PA 19140. The personal goods stored in space no:

UNIT# 1239 ANTONIO, DOMINICK
UNIT# 2146 BAKKEN, SHAWN
UNIT# 1046 BERNARD, REBECCA
UNIT# 2151 BILLUPS, ADRIENNE
UNIT# 2039 CATHEY, BOBBI
UNIT# 2144 COOPER, DANIELLE
UNIT# 1205 DAVIS, AHNGELIQUE
UNIT# 2216 DONNIE, TANZANIAN
UNIT# 2215 EDWARDS, EMILY
UNIT# 2041 FORMAN, NOLAN
UNIT# 1058 GILLYARD, ROSETTA
UNIT# 2161 HARRIS, KEITH
UNIT# 1079 JONES, SUSAN
UNIT# 2091 MORRISON, LEROY
UNIT# 1100 PURKINS, JALEESA
UNIT# 2083 ROBERTS, CHEVON
UNIT# 1234 ROWE, WAKEETA
UNIT# 2217 SNEED, CAMILLE
UNIT# 1184 WEATHERS, JOYCE
UNIT# 1014 WEATHERS, SYNICA

PURCHASE MUST BE MADE IN CASH ONLY AND PAID FOR AT THE TIMES OF SALE, ALONG WITH A REFUNDABLE CASH DEPOSIT. ALL GOODS ARE SOLD AS IS AND MUST BE REMOVED AT TIME OF PURCHASE. SALE IS SUBJECT TO ADJOURNMENT AND WE RESERVE THE RIGHT TO DETERMINE AN OPENING BID.
LOCKER ROOM SELF-STORAGE, INC. 215-225-8585

Need A Car or Truck?
Have Poor Credit, or NO Credit?
We Can Get You Financed
Call Jason
877-588-5252 NOW!

SAME DAY DENTURES AVAILABLE
DENTURES $275*

*This is a flipper, others available
SMILE AGAIN! DENTURES $275*
FREE CONSULTATION
SAME DAY REPAIRS
261 Old York Road • Suite 334
Jenkintown, PA 19046
215-360-2006 ext. 3
APPOINTMENT ONLY

JEFCO MANUFACTURING INC.
SINCE 1950
BUY DIRECT AND SAVE MONEY!
FALL SAVINGS SALE
WINDOWS AWNINGS DOORS

Now Featuring Custom Window Treatments!
Aluminum • Canvas • Clear Awnings • Replacement Windows
Beautiful Doors • Bow Windows • Blinds • Drapes • Shutters
FREE HOME ESTIMATES
Window • Door • Porch & Patio Covers • Stationary • Retractable • All Styles & Colors
215-334-3220
SENIOR DISCOUNTS
VISA
SHOWROOM: 2715 S. FRONT ST. // PHILADELPHIA

Hall of Fame caliber

getting emotional when it comes to baseball.

Did you break down when you lost baseball tournaments as a kid?
I cried the first time we lost a championship game. It was hard the first time dealing with that. You can't believe you lost when you're a kid. You're heartbroken. You break down and then you heal and you don't cry again. You mature. You try to do better next time.

Have you looked ahead at next season?
I haven't looked at it yet. But I will say the one thing

Brotherly love

"It's been absolutely amazing being with this franchise and being able to play before the fans of Philadelphia." Rollins

that I really like on this team is the arms in our bullpen. We have a really good bullpen. Look at our run, and the bullpen was a huge part of it. We did have the offense and Cole (Hamels) was developing and we brought in some very good pitchers and had the run. But the bullpen was huge on those teams. We've built the foundation for something with this bullpen. I truly believe that. This bullpen has velocity and they throw strikes, which is great.

What's your take on Hamels? This was the best season of his career, but he had no support.
He was absolutely phenomenal. I feel sad for him. A lot of the times he was matched up with the other team's No. 1. He was absolutely filthy every time out. His velocity was at 94, 95 mph. I wanted to get him three or four runs every time out. That was more than he would need. I wish he could have pitched with more leads. But he's come into his own. He's a grown man now.

Do you really believe a team with such an old core can win a championship?
It's tough, but you look at the 2009 Yankees. They were filled with stars that were 36, 37. It happens. Things can come together.

If you have a typical J-Roll year in 2015, you'll be close to 2,500 hits. As the years pass a strong argument can be made for your enshrinement in the Hall of Fame. What do you think?
It's hard to think about that since I'm still in the middle of this. But if that ever happens, it would be incredible. But I just look at what I have accomplished. I accomplished a lot with the Phillies.

ED CONDRAN
@EDDIESCORES
sports@metro.us

Best buddies

Rollins goes to bat defending his pal Ryan Howard, who has received harsh criticism this past season.

- "All I know is that we don't go on that run without him. He was in the middle of all of that. Every September he would go on something, like, a 23-game tear. Not a lot of guys can be that anchor in the middle of the lineup. Look at him now. He still drives in a lot of runs. He has always had a knack for driving in runs. You look at his average this year. Who else bats (.223) and drives in that many (95) runs? I still believe in him."

MEDICAL RESEARCH
To advertise call Jennifer Lydon at 215-717-2694 or email jennifer.lydon@metro.us

metro CLASSIFIEDS
To place an ad call 866-900-9473 or visit us at www.metro.us

WillsEye Hospital
America's First · World's Best
Enrolling Now
Transcorneal Electrical Stimulation Research Study
• Do you have vision problems?
  ◦ From trauma?
  ◦ Or have been diagnosed with NAION (ischemic optic neuropathy)?
• Are you 18 or older?
You may be eligible for a clinical trial at Wills Eye Hospital.

Call Today: 215-928-3937
Please mention: TES Study

metro
WITH 70% OF READERS AGED 21-54 YEARS OLD, METRO IS THE YOUNGEST NEWSPAPER IN PHILADELPHIA!
Metro: 70%
Daily News: 64%
Inquirer: 36%
Source: Scarborough 2012-13
FOR ADVERTISING: adsphilly@metro.us or 215.717.2695

Help us explore pathways to diabetes management
Do You Have Type 2 Diabetes and High Blood Pressure?
We are enrolling adult volunteers now
If you have type 2 diabetes and high blood pressure, and are between 18 and 74 years of age, find out if you qualify for a clinical research study of an investigational oral diabetes medication. The study will evaluate whether this medication may also lower blood pressure.
You may be eligible if:
• You are taking oral medication to treat your blood pressure, and your blood pressure is not at target levels
AND
• You are taking oral medication to treat your type 2 diabetes, and your blood sugar is not at target levels
If eligible to participate, you will be seen by a study doctor and receive study-related testing and medication at no cost. If enrolled, you may be reimbursed for parking and travel expenses.
For more information, please contact:
215-884-1700
janssen

Struggling with your cocaine use?

(215) 243-9959
addicted@med.upenn.edu
Perelman School of Medicine
University of Pennsylvania
Contact us for a confidential screening. This research study involves an investigational medication. Study participants are compensated for time and travel.

www.metro.us

LEGAL SERVICES

To advertise call Erin Thomson at 215-717-2691 or email erin.thomson@metro.us

DIVORCE, BANKRUPTCY
IMMIGRATION, CRIMINAL, DUI
ReinherzLaw.com
A Trusted, Fast & Affordable 2nd Generation Business
PHILA: 1315 Walnut St. Ste 804
Additional location in NJ
Reinherz LAW OFFICES 215-922-2055
Over 50 Years Combined Experience • Debt Relief Agency

Medical Malpractice
Cerebral Palsy | Cancer Misdiagnosis
Birth Injury | Hospital Death
Surgery Mistake | Doctor Mistake
Harvard & Yale trained Doctor-Lawyer
- As co-counsel achieved over 50 million dollars in settlements & verdicts since 1/1/12
- Named one of 2014 Super Lawyers by publisher of Philadelphia Magazine

Law Offices of Tai Y. Wong
PA & NJ 215-592-9750
Free Initial Consultation. No Recovery-No Fee
1101 Market Street, Aramark Tower Suite 2820, Philadelphia, PA 19107

SLIP AND FALL
Our Law Firm handles all FALL DOWN Claims
Free Consultation 24/7
215-268-7800
1617 JFK Blvd., Suite 355 Philadelphia, PA 19103
SLIPANDFALLGUYS.COM

INJURED AT WORK?
WE WILL FIGHT FOR YOU
• WORK INJURIES
• SOCIAL SECURITY DISABILITY
FREE CONSULTATION • SE HABLA ESPANOL
215-546-4208
ADAMS RENZI AR LAW
CALL CHRISTY ADAMS, ESQ • ADAMS RENZI LAW
CENTER CITY • 1429 Walnut St. NORTH PHILA. • 227 W. Lehigh Ave.

ALL ACCIDENTS & INJURIES
Slip & Falls • Nursing Home Cases
Car Accidents • Wrongful Death
Medical Malpractice • Assault Victims
CALL NOW TO SPEAK DIRECTLY TO ATTORNEY PAUL GAFFNEY
215-769-1177
THE GAFFNEY FIRM
Two Penn Center - 1500 JFK Boulevard - Suite 200 - Philadelphia, PA 19102

Slip & Fall Injuries
Get ALL the Money You Deserve
CALL US NOW
*No fee until you get paid
215-496-1100
Speak with a lawyer 24/7: 215-480-3200
PHILADELPHIA LAW FIRM BENTLEY M.S AUL LTD.

IMPORTANT INFORMATION:
All classified advertising is subject to the terms and conditions of the applicable Metro Classified rate card and to approval and acceptance at Metro U.S. option. Metro US reserves the right to edit, reject, cancel or reclassify an ad, and reserves the right to convert any classified advertising to alternative formats for use and publication in other Metro U.S. publications. It is the advertiser's sole responsibility to check each ad the first day it is published. Metro U.S. assumes no responsibility for any reason, for any error or omission in any ad.

JOBS

General Help Wanted

AMB Auto is Hiring
Seeking experienced mechanic. Must have 5 to 10 years experience and own tools. $20 to $25 per hour depending on experience. Serious applicants can Call Jay at
267-688-0102

ACCEPTING APPLICATIONS
GREEN INDUSTRY LEADER SEEKS MOTIVATED INDIVIDUALS
WE OFFER
$18 HR/AVG
Pd Wkly + Bonus Opportunities
CALL 215-789-2046
No Experience Needed
We Train the Right Candidates
Opportunity to Advance
Back Check Upon Hiring

CUSTOMER SERVICE
POSITIONS AVAILABLE NOW
• No exp. necessary • Great pay
• Training provided • Close to public trans.
For an interview please call
215-240-6006

JOBS

Education

HIGH SCHOOL DIPLOMA FROM HOME
6-8 weeks accredited • No State Test
Get a Future!
Call 24/7 for FREE brochure
1-800-264-8330
www.diplomafromhome.com
Benjamin Franklin High School

CAREER TRAINING

MAKE A CHANGE TODAY!
In less time than you think you could train for a new career!
Medical Assistant
Electrical Technician
Pharmacy Technician
Call Now! 800.761.7504
Kaplan Career Institute
1991 Sproul Rd., Ste. 42, Broomall, PA 19008
177 Franklin Mills Blvd., Philadelphia, PA 19154
3010 Market St., Philadelphia, PA 19104
Programs vary by campus.
Information about programs at
www.kaplancareerinstitute.com/consumer-info

General Help Wanted

ELECTRICIAN ASSISTANT TRAINING!
Train to install & service Residential & Commercial Electrical systems now!
NO EXPERIENCE NEEDED!
Orleans Tech gets you Trained & Job ready!
Day & Evening Classes!
Call for details!
1-888-567-7690
HS Diploma/GED & valid Drivers license required.
For consumer information visit Orleanstech.edu/disclosures

Education

Looking for a New Career?
Start Training Today as an
HVAC/R Technician
Call Now! 800.761.7504
Kaplan Career Institute
Broomall Campus
1991 Sproul Road, Suite 42, Broomall, PA 19008
Information about programs at
www.kaplancareerinstitute.com/consumer-info

LOOK NO FURTHER!
Train for a new career as a
MEDICAL ASSISTANT!
Call Now! 800.761.7504
Kaplan Career Institute
Broomall Campus
1991 Sproul Road, Suite 42, Broomall, PA 19008
Franklin Mills Campus
177 Franklin Mills Blvd., Philadelphia, PA 19154
Philadelphia Campus
3010 Market Street, Philadelphia, PA 19104
Information about programs at
www.kaplancareerinstitute.com/consumer-info

CAREER TRAINING

HEATING & AC TECHNICIAN TRAINING!
Learn to install, service & maintain Heating, AC & Refrigeration systems now!
NO EXPERIENCE NEEDED!
HANDS ON TRAINING!
Orleans Tech can get you trained & Job ready!
Evening class starts soon!
Call for details!
1-888-743-5039
HS Diploma/GED & valid Drivers license required.
For consumer information visit Orleanstech.edu/disclosures

metro CLASSIFIEDS
To place an ad call 866-900-9473
or visit us at www.metro.us

REAL ESTATE

Real Estate for Sale

House For Sale
$554.40 a month
3 Bedrooms, Excellent condition
Nick's Real Estate
(215) 425-3500

Real Estate Wanted

WE BUY UGLY HOUSES.®
HOMEVESTORS AMERICA'S #1 HOME BUYER
1-800-301-3223

PSYCHICS

INDIAN POWERFUL ASTROLOGER & SPIRITUALIST
Specialist in Palm Reading, Horoscope & Open Book
Date-of-Birth Reading & Patra Reading
Specialist in Bringing Back Loved Ones
IF YOU HAVE A PROBLEM, HE HAS A SOLUTION
• Enemy • Health • Family • Marriage • Children
• Business • Husband & Wife Relationships •
He is an expert in destroying and removing black magic, witchcraft, obeah, voodoo, and all bad luck, and gives life-long protection.
CALL FOR AN APPOINTMENT
PANDIT: GURU MUKESH 267.474.5803 Philadelphia
Open 7 Days a Week

Real Estate for Sale

ENTERTAINMENT

HOT LOCAL CHAT
100's of Sexy Singles On Line Now
800-903-1861
REAL HORNY GIRLS
LIVE 1 ON 1
800-709-4909

America's Premier Psychics
Live Psychic Reading
877-998-FATE (3283)
$3.99/min
Entertainment only 18+

metro CLASSIFIED DIRECTORY

ENTERTAINMENT

PHILLY'S HOTTEST CHAT
100's of Sexy Singles Online Now
SIGN UP FREE! 18+
267-960-2622
GAY & BI CHAT
267-960-2621
LD RATES APPLY

metro CLASSIFIEDS
To place an ad call
866-900-9473
or visit us at
www.metro.us

CARS

Miscellaneous Cars

$$$ UP TO $1100.00 $$$
For Cars w/Bad Engines w/or w/o title
500.00 CASH $$$
For Any Junk Cars or Trucks
215-669-1000

CARS

Vehicles Wanted

WE BUY JUNK CARS
TRUCKS & VANS
Up to $500
CASH GUARANTEED
FREE TOWING
SAME DAY PICK-UP
267-229-1970

SERVICES

BEST EXTERMINATING
Professional Termite & Pest Control
215-224-6054
"Don't let the bed bugs bite!
Call BEST for your Pest."

Miscellaneous Cars

REDUCE YOUR CABLE BILL!
Get an All-Digital Satellite System installed for FREE and programming starting at $19.99/mo. FREE HD/DVR upgrade for new callers,
SO CALL NOW
877-356-0528

SERVICES

$$ CASH PAID $$
BUYING NICOTINE PATCHES / GUM and Diabetic Test Strips
We Pickup
215-395-7100

DIVORCE
$250 Complete!
Uncontested, No-Fault, Mutual Consent
215-219-2520
Document Prep Service, Not a Lawyer

METRO STANDS OUT

metro
Get what you're missing with Metro!
www.metro.us

With more reach than the Inquirer or the Daily News, Metro stands out from traditional paid newspapers. The future of print is FREE.

Metro reaches more adults 21-49 living in Greater Philadelphia than the Inquirer or the Daily News.

Source: Scarborough 2012-13, adults 21-49

FOR ADVERTISING CONTACT ADSPHILLY@METRO.US OR 215.717.2695

GOOD CREDIT • BAD CREDIT • NO CREDIT • REPOS • DIVORCE • BANKRUPTCIES • CHARGE-OFF'S • GOOD CREDIT

The Credit Professionals At Fairless Motors

¡ Se Habla Espanol!
$0 DOWN!
In business for over 30 years.
We will NOT be undersold!
435 LINCOLN HWY, FAIRLESS HILLS, PA
We Buy Clean, Used Cars

PAYMENTS AS LOW AS $99.00 PER MONTH !
Bring in This Ad & Receive $500 OFF Your Purchase!

ALL VEHICLES FAIRLESS MOTORS CERTIFIED
For Live Help Call 1-888-251-4312

Special incentives for SEPTA, hospital and postal workers! Used Car Leasing Now Available.
24 HOUR HOTLINE: 1-800-205-0068 www.FairlessMotors.com

2010 Mazda CX-9 Grand Touring
$18,900

2008 Chrysler Town & Country Touring
$12,900

2008 GMC Denali XL AWD
$24,900

2008 Audi Q7 Quattro AWD
$22,900

2010 Honda Odyssey EX-L
$18,900

2010 Buick LaCrosse CXL
$17,900

2013 Chevy Equinox 1LT
$17,900

2007 Honda Accord
$10,900

2004 Dodge Ram 1500 Quad Cab
$10,900

2013 Ford Escape SEL
$18,900

2013 Kia Sorento LX
$17,900

2011 Nissan Murano SV
$19,900

2009 Cadillac Escalade EXT
$39,900

2009 Cadillac CTS
$18,900

2014 Dodge Charger SE
$20,900

2011 Ford Explorer XLT AWD
$27,900

2010 Honda Accord LX
$14,900

2009 Lincoln MKS AWD
$18,900

CHARGE-OFF'S • GOOD CREDIT • BAD CREDIT • NO CREDIT • REPOS • DIVORCE • BANKRUPTCIES

Are you suffering from

OPIOID INDUCED CONSTIPATION?

If so, please contact us about our research study of an investigational medication.

Qualified participants must:

- Be 18 years of age or older
- Be taking Opioid Medication daily for the past 30 days
- Have less than three bowel movements per week
- Be available for overnight stays at the study clinic

Those who qualify receive study-related care and study medications at no cost.

Compensation up to $1,125 may be provided for those that qualify.

Includes up to 7 study visits.

Insurance is not required to participate and transportation is available.

PRAHEALTHSCIENCES

For more information, call toll-free **1.866.542.0131** or visit PRAHS.com

Were you *diagnosed with* Hepatitis C *at least 6 months ago?*

If so, please contact us about our research study for adults with Hepatitis C.

Qualified participants must:

- Be 18 to 65 years old
- Been diagnosed with Hepatitis C for at least 6 months
- Be available for 4 overnight stays at the study clinic
- Be available for up to 8 follow up visits

Qualified participants receive:

- All study-related evaluations and investigational medication or inactive placebo at no cost
- Compensation up to $1200 for time and travel

No insurance is needed to participate in this study and transportation is available.

For more information, call toll-free **1.877.643.6674**

CRILifetree.com
LOCATIONS IN PHILADELPHIA & SOUTHERN NEW JERSEY

CRILifetree
Innovative Solutions. Reliable Results.

Are you **age 65***or older?*

If so, we need your help.

Right now, we're enrolling participants 65 years of age and older in important research studies of investigational medications.

Qualified participants must:

- Be at least 65 years of age.

Transportation is available.

Qualified participants receive:

- All study related evaluations and medication at no cost.
- Compensation from $700 to $4,000 for those who qualify

The persons depicted are models used only for illustrative purposes.

For more information, call toll-free **1.866.680.6672**

CRILifetree.com
LOCATIONS IN PHILADELPHIA & SOUTHERN NEW JERSEY

CRILifetree
Innovative Solutions. Reliable Results.

www.metro.us